

# Chitin-Glucan Complex from *Agaricus blazei*, a Potential Raw Material for Production of Food Additives

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**Abstract:** *Agaricus blazei*, a mushroom native to Brazil, is a perspective source for food industry. This mushroom has been widely used in folk medicine due to its possible medicinal value. The most important components of fruiting bodies of *A. blazei* are specific  $\beta$ -glucans with  $\beta$ -(1 $\rightarrow$ 3),  $\beta$ -(1 $\rightarrow$ 4) and  $\beta$ -(1 $\rightarrow$ 6) glycosidic linkages. These polysaccharides are supposed to be responsible for some healthy properties of mushrooms (anticarcinogenic and antimutagenic ones).  $\beta$ -Glucans are associated with chitin forming water-insoluble chitin-glucan complex. This complex was isolated from fresh and dried mushrooms (separately from caps and stems) by alkali treatment using NaOH solution at 9°C for 2 h. The structure of chitin-glucan complex was analysed by diffuse reflectance FT-IR spectroscopy.  $\beta$ -Glucans were also analysed by Megazyme enzymatic method based on exo-1,3- $\beta$ -glucanase and  $\beta$ -glucosidase catalysed hydrolysis and photometric determination of the released glucose.

**Keywords:** chitin-glucan complex; *Agaricus blazei*

## INTRODUCTION

Edible mushrooms are a potential source of biologically active dietary fibres. Fungal cell walls contain besides chitin, hemicelluloses, mannans, and the most interesting functional components,  $\beta$ -glucans. Mushroom  $\beta$ -glucans have been established as immunomodulators for over 40 years. These polysaccharides have also significant effects as a prophylactic treatment to reduce the mortality of anthrax infection in mice in synergism with antibiotics [1]. The antitumour activity was mainly due to indirect host mediated immunotherapeutic effect [2–4]. Moreover, glucans are active as antioxidants and is able to protect animals and man against radiation [5]. *Agaricus blazei*, a mushroom native to Brazil, is a perspective source for food industry. This mushroom has been widely used in folk medicine due to its possible medicinal value, while it a relatively new addition to the family of medicinal mushrooms with research beginning in the 1980s. Earlier research has shown that *A. blazei* contains more  $\beta$ -glucans than any other medicinal mushrooms tested so far. It has been reported [6] that  $\beta$ -glucans from *A. blazei* is highly branched

mixed-linkage polysaccharide. Sugar analysis confirmed that the carbohydrate moiety was composed predominantly of Glc and small amounts of Rha, Xyl, Man and Gal. According to results of these authors, three types of repeating units are possible: a (1 $\rightarrow$ 6)-linked backbone, a (1 $\rightarrow$ 3)-linked backbone, or an alternately (1 $\rightarrow$ 3), (1 $\rightarrow$ 6)-linked backbone. For all this purpose, the knowledge of structural properties of  $\beta$ -glucans is an obvious need because of the linkage between structure and functionality. The structural features of  $\beta$ -glucans from mushrooms *A. blazei* are important determinants of their physical properties and functionality. FT-IR spectroscopy has been shown to be a useful tool in structural and quantitative characterisation of microbial and fungal chitin-glucan complexes [7]. In this work the study of insoluble chitin-glucan complexes obtained from fresh and dried fruity bodies of *A. blazei* (separately caps and stems) by alkali deproteinisation is reported.

## EXPERIMENTAL

Fresh and dried fruity bodies of *A. blazei* (separately caps and stems) were used for isolation of

Table 1. Specification of the *A. blazei* fruit body samples

| Sample | Delivery date | Specification | Dry matter (% m/m) |
|--------|---------------|---------------|--------------------|
| 1      | 6. 2. 2004    | fresh caps    | 11.22              |
| 2      | 6. 2. 2004    | fresh stems   | 11.22              |
| 3      | 9. 1. 2004    | dried caps    | 90.67              |
| 4      | 9. 1. 2004    | dried stems   | 93.36              |
| 5      | 25. 5. 2004   | dried caps    | 92.32              |
| 6      | 25. 5. 2004   | dried stems   | 92.28              |

protein free chitin-glucan complexes by alkali treatment using NaOH solution at 90°C for 2 h. The specification of the samples of *A. blazei* fruit bodies is shown in Table 1. The structure of obtained chitin-glucan complexes was analysed by FT-IR spectroscopy. Diffuse reflectance FT-IR spectra of solid samples were measured on Nicolet 740 (Nicolet Analytical Instruments, USA) spectrometer with DCT 680, 256 scans were accumulated with a spectral resolution of 4.0 cm<sup>-1</sup>. Neutral sugar composition of the complex was studied by total acid hydrolysis (4M HCl, 120°C, 6 h) and HPAEC-PAD.  $\beta$ -Glucans were also analysed by Megazyme enzymatic set (Megazyme, Ireland) based on exo-1,3- $\beta$ -glucanase and  $\beta$ -glucosidase catalysed hydrolysis and photometric determination of the released glucose.

## RESULTS AND DISCUSSION

The contents of  $\alpha$ - and  $\beta$ -glucans in the *A. blazei* fruit body samples obtained by enzymatic method are shown in Table 2. The total glucan contents were similar for fresh and dried fruit bodies, but showed marked topological difference: ~ 5–6% m/m for caps and ~ 8–12% m/m for stems. Fresh

fruit bodies contain significantly less amount of  $\alpha$ -glucans than dried fruit bodies, and fresh stems contain more  $\alpha$ - and  $\beta$ -glucans than fresh caps. In contrast, in the case of dried fruit bodies, caps contain less amounts of  $\alpha$ -glucans than stems, while the amounts of  $\beta$ -glucans were comparable (~ 4.4–6.0% m/m). Diffuse reflectance FT-IR spectra of the *A. blazei* fruit body samples are shown in Figure 1. The band assignment (Table 3) was made

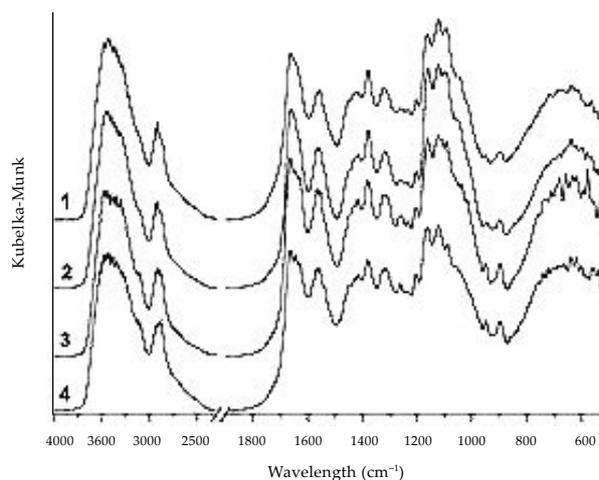


Figure 1. Diffuse reflectance FT-IR spectra of samples 1–4

Table 2. Contents of  $\alpha$ - and  $\beta$ -glucans in the *A. blazei* fruit body samples

| Sample | Total glucans (% m/m) |               | $\alpha$ -Glucans (% m/m) |               | $\beta$ -Glucans (% m/m) |               |
|--------|-----------------------|---------------|---------------------------|---------------|--------------------------|---------------|
|        | in wet matter         | in dry matter | in wet matter             | in dry matter | in wet matter            | in dry matter |
| 1      | 0.63                  | 5.61          | 0.01                      | 0.09          | 0.62                     | 5.57          |
| 2      | 1.36                  | 12.12         | 0.07                      | 0.62          | 1.29                     | 11.50         |
| 3      | 4.52                  | 4.99          | 0.51                      | 0.56          | 4.01                     | 4.42          |
| 4      | 9.45                  | 10.12         | 3.82                      | 4.09          | 5.64                     | 6.04          |
| 5      | 5.41                  | 5.86          | 0.25                      | 0.27          | 5.16                     | 5.59          |
| 6      | 7.35                  | 7.96          | 3.19                      | 3.46          | 4.16                     | 4.51          |

Table 3. FT-IR band positions (in  $\text{cm}^{-1}$ ) and assignments for the *A. blazei* fruit body samples

| Samples      |               |                 |                  | Assignment [7–10]                              |
|--------------|---------------|-----------------|------------------|--|
| fresh caps 1 | fresh stems 2 | dried caps 3, 5 | dried stems 4, 6 |  |
| 3427         | 3448          | 3448            | 3446             | OH stretching (water, sugars)                  |
| 3224         | 3236          | 3230            | 3232             | NH stretching (chitin)                         |
| 3107         | 3109sh        | 3111            | 3116             | NH stretching (chitin)                         |
|              | 3087sh        | 3097            | 3099             | CH stretching (aromatics)                      |
| 2962sh       | 2956sh        | 2962sh          | 2960sh           | CH stretching (pyrane ring)                    |
| 2935sh       | 2935sh        | 2943sh          | 2937sh           | $\text{CH}_3$ asym. stretching (chitin)        |
| 2920         | 2924          | 2924            | 2920             | $\text{CH}_2$ stretching (sugars)              |
| 2894         | 2887          | 2891            | 2889             | $\text{CH}_3$ sym. stretching (chitin)         |
| 2856         | 2854sh        | 2850sh          | 2860sh           | $\text{CH}_2$ stretching (sugars)              |
| 1662         | 1660          | 1664            | 1664             | Amide I (chitin)                               |
| 1644         | 1647sh        | 1649            | 1645             | HOH bending (bound water)                      |
| 1632         | 1631sh        | 1631            | 1631             | Amide I (chitin), CC stretching (aromatics)    |
| 1566         | 1568          | 1568            | 1568             | Amide II (chitin)                              |
| 1555         | 1556          | 1554            | 1554             | Amide II (chitin)                              |
|              | 1536sh        | 1531sh          | 1541             | CC stretching (aromatics)                      |
| 1452         | 1448          | 1446            | 1450             | $\text{CH}_2$ bending (sugars)                 |
| 1429         | 1429          | 1431            | 1427             | $\text{CH}_3$ asym. bending (chitin)           |
| 1417         | 1417          | 1417            | 1415             | CCO, CCH, COH bending (pyrane ring)            |
| 1379         | 1379          | 1381            | 1381             | $\text{CH}_3$ sym. bending (chitin)            |
| 1323         | 1315          | 1325            | 1315             | Amide III (chitin)                             |
| 1259         | 1261          | 1261            | 1261             | CCO, CCH, COH bending (pyrane ring)            |
| 1234         | 1240          | 1232            | 1236             | CCO, CCH, COH bending (pyrane ring)            |
| 1203         | 1203          | 1203            | 1203             | CCO, CCH, COH bending (pyrane ring)            |
| 1161         | 1161          | 1161            | 1161             | COC, CC stretching ( $\beta$ -glycosidic bond) |
| 1122         | 1122          | 1124            | 1122             | CC,CO stretching, CH def (pyrane ring)         |
| 1095         | 1103          | 1093            | 1090             | CC,CO stretching, CH def (pyrane ring)         |
| 1045         | 1043sh        | 1039            | 1039sh           | CC,CO stretching ( $\beta$ -anomer)            |
| 951          | 949           | 953             | 951              | $\text{CH}_3$ rocking (chitin)                 |
| 899          | 899           | 899             | 899              | CH deformation ( $\beta$ -anomer)              |
|              |               | 760             | 760              | CH deformation ( $\alpha$ -anomer)             |

according to thereferences [7–10]. The FT-IR spectra of all the samples exhibit several intense bands of  $\alpha$ -chitin at ca. 950, 1320, 1555, 1568, 1662, 2890, 2935, 3110 and  $3230 \text{ cm}^{-1}$  indicating the presence of this polysaccharide. No specific marker bands of  $\beta$ -chitin [10] were found in the FT-IR spectra. Therefore, the chitin component of chitin-glucan

complexes, which were isolated from *A. blazei* fruit bodies, is mainly in  $\alpha$ -form. The presence of intense characteristic bands of amide groups confirms that this chitin component is highly acetylated. The bands at ca. 1160, 1040 and  $899 \text{ cm}^{-1}$  are characteristic for  $\beta$ -linked polysaccharides (chitin and  $\beta$ -glucan). The bands of  $\alpha$ -glucans are less pro-

nounced for all the samples. Dried fruit bodies had more intense vibration bands of aromatics at ca. 550–700, 1535, 1630 and 3090  $\text{cm}^{-1}$  and less intense features of  $\text{CH}_2$  groups of sugars at ca. 1450, 2855 and 2920  $\text{cm}^{-1}$ . This fact may be explained by partial degradation of mushroom polysaccharides in dried fruit bodies.

### CONCLUSIONS

Obtained results confirmed that both enzymatic analysis and FT-IR spectroscopy are useful for identification of different glucan types in various parts of intact fruiting bodies of *A. blazei*. On the other hand, the FT-IR spectra of cup and stalk of the same mushroom show marked differences, indicating variety in the chemical composition of different parts of the same fruity body.

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