

Medicinal Plants of the Family Lamiaceae as Functional Foods – a Review

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Supplementary Online Material (SOM)

The Lamiaceae species which can be used as a functional food

No.	Species	Edible part	Medicinal properties due to biological activity	References
1	<i>Acinos graveolens</i> (M. Bieb.) Link	leaves	antimicrobial	Golubovic T., Palic R., Kitic D., Zlatkovic B., Ristic M., Lazarevic J., Stojanovic G. (2010): Chemical composition and antimicrobial activity of the essential oil of <i>Acinos graveolens</i> . Chemistry of Natural Compounds, 46: 645–648.
2	<i>Acinos rotundifolius</i> Pers.	leaves	antimicrobial	Ulukanli Z., Ulukanli S., Ozbay H., Ilcim A., Tuzcu M., (2005): Antimicrobial activities of some plants from the eastern Anatolia region of Turkey. Pharmaceutical Biology, 43: 334–339.
3	<i>Ajuga bracteosa</i> Wall. ex Benth.	leaves, roots	antimicrobial, anti-inflammatory	Upadhyay S.U., Patel V.B., Patel A.A., Upadhyay U.M., Patel N.M. (2012): <i>Ajuga bracteosa</i> : a promising herb. Pharma Science Monitor an International Journal of Pharmaceutical Sciences, 3: 2085–2104.
4	<i>Ajuga macrosperma</i> Wall.	whole plant	alleviate fever and remove phlegm	Castro A., Coll J., Tandrón Y.A., Pant A.K., Mathela C.S. (2008): Phytoecdysteroids from <i>Ajuga macrosperma</i> var. <i>breviflora</i> roots. Journal of Natural Products, 71: 1294–1296.
5	<i>Anisochilus carnosus</i> (L.) Wall. ex Benth.	leaves	antibacterial	Senatore F., Lentini F., Venza F., Bruno M., Napolitano F. (2003): Composition and antibacterial activity of the essential oil of <i>Anisochilus carnosus</i> (Linn. fil.) Benth, a Tamil plant acclimatized in Sicily. Flavour and Fragrance Journal, 18: 202–204.
6	<i>Anisochilus harmandii</i> Doan	tubers	antimycobacterial	Kulkarni R.R., Shurpali K., Puranik V.G., Sarkar D., Joshi S.P. (2013): Antimycobacterial labdane diterpenes from <i>Leucas stelligera</i> . Journal of Natural Products, 76: 1836–1841.
7	<i>Anisomeles indica</i> (L.) Kuntze	leaves	carminative, astringent, and tonic	Arijit S., Arpita B. (2013): Documentation of some ethno-medicinal plants of family Lamiaceae in Bankura district West Bengal India. International Research Journal of Biological Sciences, 2: 63–65.
8	<i>Agastache rugosa</i> (Fisch. & C.A. Mey.) Kuntze	leaves and seed	antimicrobial	Gong H.Y., Ding J.B., Zhu M., Liu H.B., Tian S.G., Ma X.M. (2012): Phytochemical investigation and antimicrobial activity of <i>Agastache rugosa</i> growing in Xinjiang China. Asian Journal of Chemistry, 24: 2961–2964.

No.	Species	Edible part	Medicinal properties due to biological activity	References
9	<i>Calamintha grandiflora</i> (L.) Moench	leaves	antioxidant	Conforti F., Marrelli M., Statti G., Menichini F., Uzunov D., Solimene U., Menichini F. (2012): Comparative chemical composition and antioxidant activity of <i>Calamintha nepeta</i> (L.) Savi subsp. <i>glandulosa</i> (Req.) Nyman and <i>Calamintha grandiflora</i> (L.) Moench (Labiatae). <i>Natural Product Research</i> , 26: 91–97.
10	<i>Calamintha nepeta</i> (L.) Savi	leaves	antioxidant	Ortiz de Urbina A.V., Martin M.L., Montero M.J., Moran A., San Roman L. (1989): Sedating and antipyretic activity of the essential oil of <i>Calamintha sylvatica</i> subsp. <i>ascendens</i> . <i>Journal of Ethnopharmacology</i> , 25: 165–171.
11	<i>Calamintha sylvatica</i> Bromf.	leaves	sedating and antipyretic	Lopez Garcia R.E., Hernandez Perez M., Rabanal R.M., Darias V., Martinherra D., Arias A., Sanz J. (1992): Essential oils and antimicrobial activity of 2 varieties of <i>Cedronella canariensis</i> (L) W & B. <i>Journal of Ethnopharmacology</i> , 36: 207–211.
12	<i>Cedronella canariensis</i> (L.) Webb. & Berth.	leaves	antimicrobial, hypoglycaemic, and diuretic	Lopez Garcia R.E., Martin Herrera D., Darias V., Rabanal R.M. (1996): Study of the hypoglycaemic diuretic and cardiovascular activity of <i>Cedronella canariensis</i> var. <i>canariensis</i> (L.) W & B. <i>Phytotherapy Research</i> . 10: 541–543.
			cardiovascular	Mukherjee A., Bandyopadhyay A., Dutta S., Basu S. (2013): Phytoaccumulation of iron by callus tissue of <i>Clerodendrum indicum</i> (L.). <i>Journal of Chemical Ecology</i> , 29: 564–571.
13	<i>Clerodendrum indicum</i> (L.) Kuntze	fruits	against bronchitis, asthma, and different immunological diseases	Li J., Wu F.H., Chen K., Liang J.Y., Ma S.P. (2013): Extract of <i>Clinopodium chinense</i> inhibits high glucose-induced apoptosis in human umbilical vein endothelial cells. <i>Journal of Cardiovascular Pharmacology</i> , 61: 265–271.
14	<i>Clinopodium chinense</i> (Benth.) Kuntze	leaves	treatment of endothelial dysfunction-associated diseases	Arijit S., Arpita B. (2013): Documentation of some ethno-medicinal plants of family Lamiaceae in Bankura district West Bengal India. <i>International Research Journal of Biological Sciences</i> , 2: 63–65.
15	<i>Coleus amboinicus</i> Lour	leaves	carminative, against asthma, and chronic bronchitis	Arijit S., Arpita B. (2013): Documentation of some ethno-medicinal plants of family Lamiaceae in Bankura district West Bengal India. <i>International Research Journal of Biological Sciences</i> , 2: 63–65.
16	<i>Coleus aromaticus</i> Benth.	leaves	the treatment of headache, fever, epilepsy, and dyspepsia	Sandhya C., Vijayalakshmi N.R. (2001): Antioxidant activity of flavonoids from <i>Solenostemon rotundifolius</i> in rats fed normal and high fat diets. <i>Journal of Nutraceuticals, Functional & Medical Foods</i> , 3: 55–66.
17	<i>Coleus parviflorus</i> Benth. syn. <i>Solenostemon rotundifolius</i>	roots	antioxidant	Abe R., Ohtani K. (2013): An ethnobotanical study of medicinal plants and traditional therapies on Batan Island, the Philippines. <i>Journal of Ethnopharmacology</i> , 145: 554–565.
18	<i>Coleus scutellarioides</i> (L.) Benth.	roots	cuts and wounds	Ibarra-Alvarado C., Rojas A., Mendoza S., Bah M., Gutierrez D.M., Hernandez-Sandoval L., Martinez. M. (2010): Vasoactive and antioxidant activities of plants used in Mexican traditional medicine for the treatment of cardiovascular diseases. <i>Pharmaceutical Biology</i> , 48: 732–739.
19	<i>Dracocephalum moldavica</i> L.	leaves	vasoactive and antioxidant	Sonboli A., Mojarad M., Gholipour A., Ebrahimi S.N., Arman M. (2008): Biological activity and composition of the essential oil of <i>Dracocephalum moldavica</i> L, grown in Iran. <i>Natural Product Communications</i> , 3: 1547–1550.
			antimicrobial	

doi: 10.17221/504/2015-CJFS

No.	Species	Edible part	Medicinal properties due to biological activity	References
20	<i>Elsholtzia blanda</i> Benth.	shoots	against inflammation and colera	Bestmann H.J., Rauscher J., Vostrowsky O., Pant A.K., Dev V., Parihar R., Mathela C.S. (1992): Constituents of the essential oil of <i>Elsholtzia blanda</i> Benth (Labiatae). <i>Journal of Essential Oil Research</i> , 4: 121–124.
			antiviral, antibacterial, anti-oxidant	Guo Z., Liu Z., Wang X., Liu W., Jiang R., Cheng R., She G. (2012): <i>Elsholtzia</i> phytochemistry and biological activities. <i>Chemistry Central Journal</i> , 6: 147.
21	<i>Elsholtzia ciliata</i>	leaves	antibacterial	Guo Z., Liu Z., Wang X., Liu W., Jiang R., Cheng R., She G. (2012): <i>Elsholtzia</i> phytochemistry and biological activities. <i>Chemistry Central Journal</i> , 6: 147.
			antioxidant	Liu X., Jia J., Yang L., Yang F., Ge H., Zhao C., Zhang L., Zu Y. (2012): Evaluation of antioxidant activities of aqueous extracts and fractionation of different parts of <i>Elsholtzia ciliate</i> . <i>Molecules</i> , 17: 5430–5441.
22	<i>Elsholtzia densa</i> Benth.	leaves	antimicrobial	Khan M., Ganie S.A., Wani I.H., Ganai B.A., Malik A.H., Zargar M.A., Masood A., Hamid R. (2013): Antimicrobial potentiality of <i>Elsholtzia densa</i> against pathogenic bacterial and fungal strains. <i>Journal of Pure and Applied Microbiology</i> , 7: 1019–1026.
			antiviral	Guo Z., Liu Z., Wang X., Liu W., Jiang R., Cheng R., She G. (2012): <i>Elsholtzia</i> phytochemistry and biological activities. <i>Chemistry Central Journal</i> , 6: 147.
			antibacterial	Kavidayal C.S., Tandon S., Pant A.K., Kasana V.K. (2006): Antibacterial activity of essential oils of <i>Elsholtzia</i> spp. and extracts of <i>Vernonia cinerea</i> . <i>Annals of Plant Protection Sciences</i> , 14: 506–507.
23	<i>Elsholtzia pilosa</i> Benth.	shoots	antibacterial	Firuzi O., Javidnia K., Gholami M., Soltani M., Miri R. (2010): Antioxidant activity and total phenolic content of 24 lamiaceae species growing in Iran. <i>Natural Product Communications</i> , 5: 261–264.
24	<i>Eremostachys adenantha</i> Jaub. & Spach.	leaves	antioxidant	Chou S.T., Chan Y.R., Chung Y.C. (2012): Studies on the antimutagenicity and antioxidant activity of the hot water extract of <i>Glechoma hederacea</i> . <i>Journal of Food and Drug Analysis</i> , 20: 637–645.
25	<i>Glechoma hederacea</i> L.	leaves	antioxidant, anti-mutagenic	Nayak B.S., Dinda S.C., Ellaiah P. (2013): Evaluation of anthelmintic, antimicrobial, antidiabetic, diuretic, hepatoprotective, diuretic, and antiepileptic activity of <i>Gmelina arborea</i> Roxb fruit extracts. <i>Asian Journal of Pharmaceutical and Clinical Research</i> , 6 (Suppl 1): 111–113.
26	<i>Gmelina arborea</i> Roxb.	fruits	anthelmintic, antimicrobial, antidiabetic, diuretic, hepatoprotective, and antiepileptic	Acharya B.N., Saraswat D., Kaushik M.P. (2008): Antimalarial activity of <i>Gomphostemma crinitum</i> leaf extracts. <i>Medicinal Chemistry Research</i> , 17: 530–540.
27	<i>Gomphostemma crinitum</i> Wall.	leaves	antimalarial	Shams-Ud-Doha K.M., Al Mahmud Z., Bachar S.C., Qais N. (2013): Antinociceptive anti-inflammatory antimicrobial and central nervous system depressant activities of ethanolic extract of leaves and roots of <i>Gomphostemma parviflorum</i> var. <i>parviflorum</i> wall. <i>Pharmacognosy Research</i> , 5: 233–240.
28	<i>Gomphostemma parviflorum</i> Wall.	roots and leaves	antinociceptive, anti-inflammatory, CNS depressant, antimicrobial	Abedini A., Roumy V., Mahieux S., Biabiany M., Standaert-Vitse A., Riviere C., Sahpaz S., Bailleul E., Neut C., Hennebelle T. (2013): Rosmarinic acid and its methyl ester as antimicrobial components of the hydromethanolic extract of <i>Hyptis atrorubens</i> Poit (Lamiaceae). <i>Evidence-Based Complementary and Alternative Medicine</i> , Article ID 604536. doi: 10.1155/2013/604536
29	<i>Hyptis atrorubens</i> Poit.	leaves	antimicrobial	

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30	<i>Hyptis brevipes</i> Poit.	leaves	antimicrobial, antioxidant, cytotoxic	Xu D.H., Huang Y.S., Jiang D.Q., Yuan. K. (2013): The essential oils chemical compositions and antimicrobial, antioxidant activities and toxicity of three <i>Hyptis</i> species. <i>Pharmaceutical Biology</i> , 51: 1125–1130.
31	<i>Hyptis crenata</i> Pohl. ex Benth.	leaves	antimicrobial	Violante I.M.P., Garcez W.S., Barbosa C.D., Garcez F.R. (2012a): Chemical composition and biological activities of essential oil from <i>Hyptis crenata</i> growing in the Brazilian Cerrado. <i>Natural Product Communications</i> , 7: 1387–1389. Violante I.M.P., Hamerski L., Garcez W.S., Batista A.L., Chang M.R., Pott V.J., Garcez F.R. (2012b): Antimicrobial activity of some medicinal plants from the cerrado of the Central-Western region of Brazil. <i>Brazilian Journal of Microbiology</i> , 43: 1302–1308.
32	<i>Hyptis pectinata</i> Poit.	leaves	anti-inflammatory and antinociceptive	Raymundo L.J.R.P., Guilhon C.C., Alviano D.S., Matheus M.E., Antonioli A.R., Cavalcanti S.C.H., Alves P.B., Alviano C.S., Fernandes P.D. (2011): Characterisation of the anti-inflammatory and antinociceptive activities of the <i>Hyptis pectinata</i> (L.) Poit essential oil. <i>Journal of Ethnopharmacology</i> , 134: 725–732.
33	<i>Hyptis spicigera</i> Lamarck	seed	gastroprotective and ulcer healing	Takayama C., de-Faria FM., de Almeida A.C.A., Valim-Araujo D.D.E.O., Rehen C.S., Dunder R.J., Socca E.A.R., Manzo L.P., Rozza A.L., Salvador M.J. (2011): Gastro-protective and ulcer healing effects of essential oil from <i>Hyptis spicigera</i> Lam. (Lamiaceae). <i>Journal of Ethnopharmacology</i> , 135: 147–155.
			antimicrobial	Ladan Z., Amupitan J.O., Okonkwo E.M., Aimola I.A., Habila N. (2009): Antimicrobial potency of <i>Hyptis spicigera</i> leaf extracts against some pathogenic microorganisms. <i>Journal of Medicinal Plants Research</i> , 3: 905.
34	<i>Isodon inflexus</i> (Thunb.) Kudo	leaves	anti-inflammatory	Lee C., Hong S.S., Han X.H., Jin Q., Li D., Kim T.O., Kim H.K., Lee J., Kwon S.H., Kim Y.B., Lee M.K., Hwang B.Y. (2008): A new abietane diterpenoid from <i>Isodon inflexus</i> . <i>Archives of Pharmacal Research</i> , 31: 1381–1384.
35	<i>Isodon lophanthoides</i> (Buch.-Ham. ex D.Don) H.Hara	aerial parts	cytotoxic	Liang Y., Xie H., Wu P., Jiang Y., Wei X., (2013): Podocarpene, isopimarane, and abietane diterpenoids from <i>Isodon lophanthoides</i> var. <i>graciliflorus</i> . <i>Food Chemistry</i> , 136: 1177–1182.
			antimalarial and anti-inflammatory	Sun D.H., Huang S.H., Han Q.B. (2006): Diterpenoids from <i>Isodon</i> species and their biological activities. <i>Natural Product Reports</i> , 23: 673–698.
36	<i>Isodon rugosus</i> Wall. ex Benth.	whole plant	antifungal	Rauf A., Khan A., Rasool S., Shah AZ., Saleem M. (2012): In-vitro antifungal activity of three selected pakistani medicinal plants Middle-East. <i>Journal of Medicinal Plants Research</i> , 1: 41–43.
37	<i>Lallemantia iberica</i> (Bieb.) Fisch. & C.A. Mey.	leaves and seed	antioxidant	Amanzadeh Y., Dehaghi N.K., Gohari A.R., Monsef-Esfehan H.R., Sadat Ebrahimi S.E. (2011): Antioxidant activity of essential oil of <i>Lallemantia iberica</i> in flowering stage and post-flowering stage. <i>Research Journal of Biological Sciences</i> , 6: 114–117.
38	<i>Lamium amplexicaule</i> L.	leaves, stem, and flowers	antirheumatic, excitant, fever-reducing, laxative, stimulant	Joudi L., Bibalani G.H., Shadkani H. (2011): Exploration of medicinal species of Lamiaceae family in Ilkhji and Sharafaldin Regions of Esat Azarbaijan in Iran. <i>Current Research Journal of Biological Sciences</i> , 3: 385–387.

doi: 10.17221/504/2015-CJFS

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39	<i>Lamium garganicum</i> L.	leaves and flowers	antimicrobial and free radical scavenging	Yalçın F.N., Kaya D., Kılıç E., Özalp M., Ersöz T., Çalış I. (2007): Antimicrobial and free radical scavenging activities of some <i>Lamium</i> species from Turkey. Hacettepe University Journal of the Faculty of Pharmacy, 27: 11–22.
40	<i>Lamium maculatum</i> L.	flowers	antioxidant	Matkowski A., Tasarz P., Szypuła E. (2008): Antioxidant activity of herb extracts from five medicinal plants from Lamiaceae subfamily Lamioideae. Journal of Medicinal Plants Research, 2: 321–330.
41	<i>Lamium tenuiflorum</i> L.	leaves	antifungal	Dulger B. (2009): Antifungal activity of <i>Lamium tenuiflorum</i> against some medical yeast <i>Candida</i> and <i>Cryptococcus</i> species. Pharmaceutical Biology, 47: 467–470.
42	<i>Lavandula dentata</i> L.	flowers	antioxidant	Msaada K., Salem N., Tammar S., Hammami M., Sakharkhiz M.J., Debiche N., Limam F., Marzouk B. (2012): Essential oil composition of <i>Lavandula dentata</i> , <i>L. stoechas</i> and <i>L. multifida</i> cultivated in Tunisia. Journal of essential oil-bearing plants, 15: 1030–1039.
			antimicrobial	Imelouane B., Elbachiri A., Ankit M., Benzeid H., Khedid K. (2009): Physico-chemical compositions and antimicrobial activity of essential oil of eastern moroccan <i>Lavandula dentata</i> . International Journal of Agriculture and Biology, 11: 113–118.
43	<i>Lavandula latifolia</i> Medik.	inflorescences	antimicrobial	Rota C., Carraminana J.J., Burillo J., Herrera A. (2004): <i>In vitro</i> antimicrobial activity of essential oils from aromatic plants against selected foodborne pathogens. Journal of Food Protection, 67: 1252–1256.
			antimicrobial	Roller S., Ernest N., Buckle J. (2009): The antimicrobial activity of high-necrodane and other lavender oils on methicillin-sensitive and -resistant <i>Staphylococcus aureus</i> (MSSA and MRSA). Journal of Alternative and Complementary Medicine, 15: 275–279.
44	<i>Lavandula luisieri</i> (Rozeira) Rivas Mart.	flowering tips	antifungal	Roller S., Ernest N., Buckle J. (2009): The antimicrobial activity of high-necrodane and other lavender oils on methicillin-sensitive and -resistant <i>Staphylococcus aureus</i> (MSSA and MRSA). Journal of Alternative and Complementary Medicine, 15: 275–279.
			antioxidant	Zuzarte M., Gonçalves M.J., Cruz M.T., Cavaleiro C., Canhotoc J., Vazd S., Pintod E., Salgueiro L. (2012): <i>Lavandula luisieri</i> essential oil as a source of antifungal drugs. Food Chemistry, 135: 1505–1510.
45	<i>Lavandula × intermedia</i> Emeric. ex Loisel.	leaves, petals, and flowering tips	antimicrobial	Matos F., Miguel M.G., Duarte J., Venâncio F., Moiteiro C., Correia A.I.D., Figueiredo A.C., Barroso J.G., Pedro L.G. (2009): Antioxidant capacity of the essential oils from <i>Lavandula luisieri</i> , <i>L. stoechas</i> subsp <i>lusitanica</i> , <i>L. stoechas</i> subsp <i>lusitanica</i> × <i>L. luisieri</i> and <i>L. viridis</i> grown in Algarve (Portugal). Journal of Essential Oil Research, 21: 327–336.
			antioxidant	Jianu C., Pop G., Gruia A.T., Horhat F.G. (2013): Chemical composition and antimicrobial activity of essential oils of lavender (<i>Lavandula angustifolia</i>) and lavandin (<i>Lavandula × intermedia</i>) grown in Western Romania. International Journal of Agriculture and Biology, 15: 772–776.
			antioxidant	Blazekovic B., Vladimir-Knezevic S., Brantner A., Stefan M.B. (2010): Evaluation of antioxidant potential of <i>Lavandula × intermedia</i> Emeric ex Loisel ‘Budrovka’: a comparative study with <i>L. angustifolia</i> Mill. Molecules, 15: 5971–5987.

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46	<i>Lavandula multifida</i> L.	aerial part	antifungal	Zuzarte M., Vale-Silva L., Goncalves M.J., Cavaleiro C., Vaz S., Canhoto J., Pinto E., Salgueiro L. (2012): Antifungal activity of phenolic-rich <i>Lavandula multifida</i> L. essential oil. <i>European Journal of Clinical Microbiology</i> , 31: 1359–1366.
			antioxidant	Messaoud C., Chograni H., Boussaid M. (2012): Chemical composition and antioxidant activities of essential oils and methanol extracts of three wild <i>Lavandula</i> L. species. <i>Natural Product Research</i> , 26: 1976–1984.
47	<i>Lavandula pedunculata</i> (Mill.) Cav.	flowered aerial part	antifungal	Zuzarte M., Goncalves M.J., Cavaleiro C., Dinis A.M., Canhoto J.M., Salgueiro L.R. (2009): Chemical composition and antifungal activity of the essential oils of <i>Lavandula pedunculata</i> (Miller) Cav. <i>Chemistry & Biodiversity</i> , 6: 1283–1292.
48	<i>Lavandula stoechas</i> (Boiss.) Rozeira	leaves and flowers	antioxidant	Msaada K., Salem N., Tammar S., Hammami M., Sakhkhiz M.J., Debiche N., Limam F., Marzouk B. (2012): Essential oil composition of <i>Lavandula dentata</i> , <i>L. stoechas</i> and <i>L. multifida</i> cultivated in Tunisia. <i>Journal of Essential Oil Bearing Plants</i> , 15: 1030–1039. Matos F., Miguel M.G., Duarte J., Venâncio F., Moiteiro C., Correia A.I.D., Figueiredo A.C., Barroso J.G., Pedro L.G. (2009): Antioxidant capacity of the essential oils from <i>Lavandula luisieri</i> , <i>L. stoechas</i> subsp. <i>lusitanica</i> , <i>L. stoechas</i> subsp. <i>lusitanica</i> × <i>L. luisieri</i> and <i>L. viridis</i> grown in Algarve (Portugal). <i>Journal of Essential Oil Research</i> , 21: 327–336.
			antimicrobial	Messaoud C., Chograni H., Boussaid M. (2012): Chemical composition and antioxidant activities of essential oils and methanol extracts of three wild <i>Lavandula</i> L. species. <i>Natural Product Research</i> , 26: 1976–1984. Roller S., Ernest N., Buckle J. (2009): The Antimicrobial activity of high-necrodane and other lavender oils on methicillin-sensitive and -resistant <i>Staphylococcus aureus</i> (MSSA and MRSA). <i>Journal of Alternative and Complementary Medicine</i> , 15: 275–279.
49	<i>Lavandula viridis</i> L'Her,	flowered aerial part	antioxidant	Matos F., Miguel M.G., Duarte J., Venâncio F., Moiteiro C., Correia A.I.D., Figueiredo A.C., Barroso J.G., Pedro L.G. (2009): antioxidant capacity of the essential oils from <i>Lavandula luisieri</i> , <i>L. stoechas</i> subsp. <i>lusitanica</i> , <i>L. stoechas</i> subsp. <i>lusitanica</i> × <i>L. luisieri</i> and <i>L. viridis</i> grown in Algarve (Portugal). <i>Journal of Essential Oil Research</i> , 21: 327–336.
			antioxidant and anti-cholinesterase activity	Costa P., Goncalves S., Valentao P., Andrade P.B., Romano A. (2013): Accumulation of phenolic compounds <i>in vitro</i> cultures and wild plants of <i>Lavandula viridis</i> L'Her and their antioxidant and anti-cholinesterase potential. <i>Food and Chemical Toxicology</i> , 57: 69–74.
50	<i>Leucas cephalotes</i> (Roth.) Spreng.	flowers and leaves	stimulant, diaphoretic, antiseptic	Arijit S., Arpita B. (2013): Documentation of some ethno-medicinal plants of family Lamiaceae in Bankura district West Bengal India. <i>International Research Journal of Biological Sciences</i> , 2: 63–65.
51	<i>Leucas lanata</i> Benth.	leaves	free radical scavenging and antiepileptic	Ramalingam R., Nath A.R., Madhavi B.B., Nagulu M., Balasubramaniam A. (2013): Free radical scavenging and antiepileptic activity of <i>Leucas lanata</i> . <i>Journal of Pharmacy Research</i> , 6: 368–372.

doi: 10.17221/504/2015-CJFS

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52	<i>Leucas plukenetia</i> (Roth) Spreng.	leaves	treatment of sinusitis	Pegu R., Gogoi J., Tamuli A.K., Teron R. (2013): Ethnobotanical study of wild edible plants in Poba reserved forest Assam India multiple functions and implications for conservation. <i>Research Journal of Agriculture and Forestry Sciences</i> , 1: 1–10.
53	<i>Leucas stelligera</i> Wall.	leaves	antimycobacterial	Kulkarni R.R., Shurpali K., Puranik V.G., Sarkar D., Joshi S.P. (2013): Antimycobacterial labdane diterpenes from <i>Leucas stelligera</i> . <i>Journal of Natural Products</i> , 76: 1836–1841.
54	<i>Leonotis nepetaefolia</i> (L.) R.Br.	leaves, inflorescence, and flowers	tonic, spasmolytic, against burns and scalds	Arijit S., Arpita B. (2013): Documentation of some ethno-medicinal plants of family Lamiaceae in Bankura district West Bengal India. <i>International Research Journal of Biological Sciences</i> , 2: 63–65.
55	<i>Leonurus sibiricus</i> L.	leaves and root	antibacterial, respiratory stimulant, febrifuge	Ahmed F., Islam A.M., Rahman M.M. (2006): Antibacterial activity of <i>Leonurus sibiricus</i> aerial parts. <i>Fitoterapia</i> , 77: 316–317.
56	<i>Lycopus lucidus</i> Turcz. ex Benth.	young stems, leaves, and roots	anticancer, antioxidant, antimicrobial	Yu J.Q., Lei J.C., Zhang X.Q., Yu H.D., Tian D.Z., Liao Z.X., Zou G.L. (2011): Anticancer antioxidant and antimicrobial activities of the essential oil of <i>Lycopus lucidus</i> Turcz. var. <i>hirtus</i> Regel. <i>Food Chemistry</i> , 126: 1593–1598.
57	<i>Lycopus uniflorus</i> L.	roots	anti-inflammatory, anticancer	Demirdjian S.A., Hariri E.H., Mroueh M.A., Taleb R., Daher C.F. (2013): Evaluation of anti-inflammatory and anti-cancer activities of <i>Lycopus uniflorus</i> fractions. <i>Planta Medica</i> , 79: 107.
58	<i>Lycopus virginicus</i> L.	roots	antitussive	Aziz A., Khan I.A., Perveen A., Agha S., Munawar S.H., Manzoor Z. (2011): Evaluation of antitussive activity of <i>Lycopus europaeus</i> on cough reflex induced by different cough induced models in mice. <i>International Journal of Pharmaceutical Sciences and Research</i> , 3: 381–385.
59	<i>Meehania urticifolia</i> (Miq.) Makino	leaves	hyaluronidase inhibitory	Murata T., Miyase T., Yoshizaki F. (2011): Hyaluronidase inhibitory rosmarinic acid derivatives from <i>Meehania urticifolia</i> . <i>Chemical and Pharmaceutical Bulletin</i> , 59: 88–95.
60	<i>Melittis melissophyllum</i> L.	flowers and shoots	antioxidant	Kaurinovic B., Popovic M., Vlaisavljevic S., Raseta M. (2011): Antioxidant activities of <i>Melittis melissophyllum</i> L. (Lamiaceae). <i>Molecules</i> , 16: 3152–3167.
61	<i>Mentha aquatica</i> L.	aerial part	antioxidant and antibacterial	Dhifi W., Litaïem M., Jelali N., Hamdi N., Mnif W. (2011): Identification of a new chemotype of the plant <i>Mentha aquatica</i> grown in Tunisia chemical composition, antioxidant and biological activities of its essential oil. <i>Journal of Essential Oil Bearing Plants</i> , 14: 320–328.
62	<i>Mentha cervina</i> L.	leaves	antibacterial and antifungal	Rodrigues L., Duarte A., Monteiro A., Brito L., Figueiredo A., Pova O. (2010): Antibacterial and antifungal activity of <i>Mentha cervina</i> essential oils and their main components. <i>Planta Medica</i> , 76: 1307–1307.
			antioxidant	Politi M., Rodrigues C.L., Giao M.S., Pintado M.E., Castro P.M.L. (2008): Antioxidant principles and volatile constituents from the North-Western Iberian mint “erva-peixeira” <i>Mentha cervina</i> . <i>Natural Product Communications</i> , 3: 2065–2068.
63	<i>Mentha citrate</i> L.	leaves	antioxidant	Ahmad N., Fazal H., Ahmad I., Abbasi B.H. (2012): Free radical scavenging (DPPH) potential in nine <i>Mentha</i> species. <i>Toxicology & Industrial Health</i> , 28: 83–89.
64	<i>Mentha crispa</i> L.	leaves	antioxidant	Gonçalves R.S., Battistin A., Pauletti G., Rota L., Serafini L.A. (2009): Antioxidant properties of essential oils from <i>Mentha</i> species evidenced by electrochemical methods. <i>Revista Brasileira de Plantas Mediciniais</i> , 11: 372–382.

No.	Species	Edible part	Medicinal properties due to biological activity	References
65	<i>Mentha longifolia</i> L.	aerial part	treatment of colic, menstrual disorders, indigestion, flatulence, pulmonary infection, headache, fever, cough, colds, and urinary tract infections	Joudi L., Bibalani G.H., Shadkani H. (2011): Exploration of medicinal species of Lamiaceae family in Ilkhji and Sharafaldin regions of East Azarbaijan in Iran. <i>Current Research Journal of Biological Sciences</i> , 3: 385–387.
			antioxidant	Ahmad N., Fazal H., Ahmad I., Abbasi B.H. (2012): Free radical scavenging (DPPH) potential in nine <i>Mentha</i> species. <i>Toxicology & Industrial Health</i> , 28: 83–89.
			antimicrobial and antioxidant	Mkaddem M., Bouajila J., Ennajar M., Lebrihi A., Mathieu F., Romdhane M. (2009): Chemical composition and antimicrobial and antioxidant activities of <i>Mentha (longifolia</i> L. and <i>viridis</i>) essential oils. <i>Journal of Food Science</i> , 74: M358–M363.
66	<i>Mentha pulegium</i> L.	aerial part	antimicrobial	Hanene G., Aouadhi C., Moufida W., Faten T., Sebei H., Maaroufi A., Hasnaoui B. (2013): Chemical composition and <i>in vitro</i> antimicrobial activities of <i>Mentha pulegium</i> leaves extracts against foodborne pathogens. <i>Journal of Food Safety</i> , 33: 239–246.
			antioxidant and antimicrobial	Teixeira B., Marques A., Ramos C., Batista I., Serrano C., Matos O., Neng N.R., Nogueira J.M.F., Saraiva J.A., Nunes M.L. (2012): European pennyroyal (<i>Mentha pulegium</i>) from Portugal chemical composition of essential oil and antioxidant and antimicrobial properties of extracts and essential oil. <i>Industrial Crops and Products</i> , 36: 81–87.
			antioxidant	Ahmad N., Fazal H., Ahmad I., Abbasi B.H. (2012): Free radical scavenging (DPPH) potential in nine <i>Mentha</i> species. <i>Toxicology & Industrial Health</i> , 28: 83–89.
67	<i>Mentha rotundifolia</i> L. syn. <i>Mentha suaveolens</i> Ehrh.	leaves	antioxidant and antimicrobial	Riahi L., Elferchichi M., Ghazghazi H., Jebali J., Ziadi S., Aouadhi C., Chograni H., Zaouali Y., Zoghlami N., Mliki A. (2013): Phytochemistry, antioxidant and antimicrobial activities of the essential oils of <i>Mentha rotundifolia</i> L in Tunisia. <i>Industrial Crops and Products</i> , 49: 883–889.
			anti-inflammatory and antioxidant	El-Kashoury E.S.A., El-Askary H.I., Kandil Z.A., Salem M.A., Sleem A.A. (2012): Chemical composition and biological activities of the essential oil of <i>Mentha suaveolens</i> Ehrh. <i>Zeitschrift fur Naturforschung C - A Journal of Biosciences</i> , 67: 571–579.
68	<i>Mentha requienii</i> Benth.	leaves	antioxidant	Ahmad N., Fazal H., Ahmad I., Abbasi B.H. (2012): Free radical scavenging (DPPH) potential in nine <i>Mentha</i> species. <i>Toxicology & Industrial Health</i> , 28: 83–89.
			antimicrobial	Chessa M., Sias A., Piana A., Mangano G.S., Petretto G.L., Masia M.D., Tirillini B., Pintore G. (2013): Chemical composition and antibacterial activity of the essential oil from <i>Mentha requienii</i> Benth. <i>Natural Product Research</i> , 27: 93–99.
69	<i>Mentha royleana</i> Benth.	leaves	antioxidant	Ahmad N., Fazal H., Ahmad I., Abbasi B.H. (2012): Free radical scavenging (DPPH) potential in nine <i>Mentha</i> species. <i>Toxicology & Industrial Health</i> , 28: 83–89.

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70	<i>Mentha spicata</i> L.	leaves	antioxidant	Ahmad N., Fazal H., Ahmad I., Abbasi B.H. (2012): Free radical scavenging (DPPH) potential in nine <i>Mentha</i> species. <i>Toxicology & Industrial Health</i> , 28: 83–89. Gonçalves R.S., Battistin A., Pauletti G., Rota L., Serafini L.A. (2009): Antioxidant properties of essential oils from <i>Mentha</i> species evidenced by electrochemical methods. <i>Revista Brasileira de Plantas Mediciniais</i> , 11: 372–382.
71	<i>Mentha × gentilis</i> L.	leaves	antioxidant	Gonçalves R.S., Battistin A., Pauletti G., Rota L., Serafini L.A. (2009): Antioxidant properties of essential oils from <i>Mentha</i> species evidenced by electrochemical methods. <i>Revista Brasileira de Plantas Mediciniais</i> , 11: 372–382.
72	<i>Mentha × rotundifolia</i> (L.) Huds.	leaves	antiproliferative and antineoplastic	Nedel F., Begnini K., de Azambuja Carvalho P.H., Lund R.G., Beira F.T.A., Del Pino F.A.B. (2012): Antiproliferative activity of flower hexane extract obtained from <i>Mentha spicata</i> associated with <i>Mentha rotundifolia</i> against the MCF7 KB and NIH/3T3 cell lines. <i>Journal of Medicinal Food</i> , 15: 955–958.
73	<i>Mentha viridis</i> L.	leaves	antibacterial antimicrobial and antioxidant	Agha M.H., Alnoure S., Maarouf M. (2011): Determination of the chemical main composition and anti bacterial effectiveness of the volatile oils in two in Syrian wide spread plants <i>Micromeria rubestris</i> L. <i>Mentha viridis</i> L. (Lamiaceae). <i>Planta Medica</i> , 77: 1298–1298. Mkaddem M., Bouajila J., Ennajar M., Lebrihi A., Mathieu F., Romdhane M. (2009): Chemical composition and antimicrobial and antioxidant activities of <i>Mentha (longifolia</i> L and <i>viridis</i>) essential oils. <i>Journal of Food Science</i> , 74: M358–M363.
74	<i>Micromeria biflora</i> (Buch.-Ham. ex D. Don.) Benth.	flowers and leaves	antibacterial	Kumar A., Gupta R., Mishra R.K., Shukla A.C., Dikshit A. (2012): Pharmaco-phylogenetic investigation of <i>Micromeria biflora</i> Benth and <i>Citrus reticulata</i> Blanco. <i>National Academy Science Letters</i> , 35: 253–257.
75	<i>Micromeria juliana</i> (L.) Bentham ex Reichb.	leaves	antibacterial antimycobacterial activity	Sarac N., Ugur A. (2007): Antimicrobial activities and usage in folkloric medicine of some Lamiaceae species growing in Mugla, Turkey. <i>EurAsian Journal of BioSciences</i> , 4: 28–37. Askun T., Tekwu E.M., Satil F., Modanlioglu S., Aydeniz H. (2013): Preliminary antimycobacterial study on selected Turkish plants (Lamiaceae) against <i>Mycobacterium tuberculosis</i> and search for some phenolic constituents. <i>BMC Complementary and Alternative Medicine</i> , 13: 365.
76	<i>Micromeria rubestris</i> L.	leaves	antibacterial	Agha M.H., Alnoure S., Maarouf M. (2011): Determination of the chemical main composition and anti bacterial effectiveness of the volatile oils in two in Syrian wide spread plants <i>Micromeria rubestris</i> L, <i>Mentha viridis</i> L. (Lamiaceae). <i>Planta Medica</i> , 77: 1298–1298.
77	<i>Monarda citriodora</i> Cerv. ex Lag.	leaves	antimicrobial antioxidant	Dorman H.J.D., Deans S.G. (2004): Chemical composition, antimicrobial and in vitro antioxidant properties of <i>Monarda citriodora</i> var <i>citriodora</i> , <i>Myristica fragrans</i> , <i>Origanum vulgare</i> ssp <i>hirtum</i> , <i>Pelargonium</i> sp and <i>Thymus zygis</i> oils. <i>Journal of Essential Oil Research</i> , 16: 145–150.
78	<i>Monarda menthifolia</i> Graham	leaves	anaesthetic, antiseptic, and diaphoretic	Brown D. (1995): <i>Encyclopedia of Herbs & Their Uses</i> . DK Publishing, London.
79	<i>Monarda pectinata</i> Nutt.	leaves	anodyne, antiseptic, febrifuge, stings, stomachic	Moerman D.E. (1998): <i>Native American Ethnobotany</i> . Timber Press, Portland.

No.	Species	Edible part	Medicinal properties due to biological activity	References
80	<i>Monarda punctata</i> L.	leaves	lipase inhibitor	Yamada K., Murata T., Kobayashi K., Miyase T., Yoshizaki F. (2010): A lipase inhibitor monoterpene and monoterpene glycosides from <i>Monarda punctata</i> . <i>Phytochemistry</i> , 71: 1884–1891.
81	<i>Mosla dianthera</i> (Buch.-Ham. ex Roxb.) Maxim.	shoots	antioxidant	Wu Q.F., Wang W., Dai X.Y., Wang Z.Y., Shen Z.H., Ying H.Z., Yu C.H. (2012): Chemical compositions and anti-influenza activities of essential oils from <i>Mosla dianthera</i> . <i>Journal of Ethnopharmacology</i> , 139: 668–671.
82	<i>Mosla scabra</i> (Thunb.)	leaves	antiviral	Wu Q.F., Yu C.H., Yan Y.L., Chen J., Zhang C.C., Wen X.X. (2010): Antiviral flavonoids from <i>Mosla scabra</i> . <i>Fitoterapia</i> , 81: 429–433.
83	<i>Nepeta crispa</i> Willd.	leaves	antibacterial and antifungal	Formisano C., Rigano D., Senatore F. (2011): Chemical constituents and biological activities of <i>Nepeta</i> species. <i>Chemistry & Biodiversity</i> , 8: 1783–1818.
84	<i>Nepeta meyeri</i> Benth.	leaves	antimicrobial	Joudi L., Bibalani G.H., Shadkani H. (2011): Exploration of medicinal species of Lamiaceae family in Ilkhji and Sharafaldin regions of East Azarbaijan in Iran. <i>Current Research Journal of Biological Sciences</i> , 3: 385–387.
			antioxidant and antimicrobial	Cigremis Y., Ulukanli Z., Ilcim A., Akgoz M. (2010): In vitro antioxidant and antimicrobial assays of acetone extracts from <i>Nepeta meyeri</i> Benth. <i>European Review for Medical and Pharmacological Sciences</i> , 14: 661–668.
85	<i>Nepeta persica</i> Boiss.	leaves	anxiolytic	Joudi L., Bibalani G.H., Shadkani H. (2011): Exploration of medicinal species of Lamiaceae family in Ilkhji and Sharafaldin regions of East Azarbaijan in Iran. <i>Current Research Journal of Biological Sciences</i> , 3: 385–387.
			antibacterial	Formisano C., Rigano D., Senatore F. (2011): Chemical constituents and biological activities of <i>Nepeta</i> species. <i>Chemistry & Biodiversity</i> , 8: 1783–1818.
86	<i>Nepeta racemosa</i> L.	leaves	carminative- tonic- diaphoretic, refrigerant and slightly emmenagogue, and mildly stimulating	Joudi L., Bibalani G.H., Shadkani H. (2011): Exploration of medicinal species of Lamiaceae family in Ilkhji and Sharafaldin Regions of East Azarbaijan in Iran. <i>Current Research Journal of Biological Sciences</i> , 3: 385–387.
87	<i>Ocimum campechianum</i> Mill. syn. <i>Ocimum micranthum</i> Willd.	leaves	antibacterial	Carović-Stanko K., Orlić S., Politeo O., Strikić F., Kolak I., Miloš M., Šatović Z. (2010): Composition and antibacterial activities of essential oils of seven <i>Ocimum</i> Taxa. <i>Food Chemistry</i> , 119: 196–201.
			antioxidant, antibacterial, and antifungal	Sacchetti G., Medici A., Maietti S., Radice N., Muzzoli M., Manfredini S., Braccioli E., Bruni R. (2004): Composition and functional properties of the essential oil of Amazonian basil, <i>Ocimum micranthum</i> Willd., Labiatae in comparison with commercial essential oils. <i>Journal of Agricultural and Food Chemistry</i> , 52: 3486–3491.
88	<i>Ocimum × citriodorum</i> Vis. syn. <i>O. africanum</i> Lour.	leaves	antibacterial	Carović-Stanko K., Orlić S., Politeo O., Strikić F., Kolak I., Miloš M., Šatović Z. (2010): Composition and antibacterial activities of essential oils of seven <i>Ocimum</i> taxa. <i>Food Chemistry</i> , 119: 196–201.

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89	<i>Ocimum gratissimum</i> L.	leaves	antioxidant	Trakoontivakorn G., Tangkanakul P., Nakahara K. (2012): Changes of antioxidant capacity and phenolics in <i>Ocimum</i> herbs after various cooking methods. <i>Jarq-Japan Agricultural Research Quarterly</i> , 46: 347–353.
			antioxidant and cytoprotective	Chiu Y.W., Lo H.J., Huang H.Y., Chao P.Y., Hwang J.M., Huang P.Y., Huang S.J., Liu J.Y., Lai T.J. (2013): The antioxidant and cytoprotective activity of <i>Ocimum gratissimum</i> extracts against hydrogen peroxide-induced toxicity in human HepG2 cells. <i>Journal of Food and Drug Analysis</i> , 21: 253–260.
			antimicrobial and antioxidant	Joshi R.K. (2013): Chemical composition, in vitro antimicrobial and antioxidant activities of the essential oils of <i>Ocimum gratissimum</i> , <i>O. sanctum</i> and their major constituents. <i>Indian Journal of Pharmaceutical Science</i> , 75: 457–462.
			antibacterial and antifungal	Rao B.R.R., Kothari S.K., Rajput D.K., Patel R.P., Darokar M.P. (2011): Chemical and biological diversity in fourteen selections of four <i>Ocimum</i> species. <i>Natural Product Communications</i> , 6: 1705–1710.
90	<i>Ocimum kilimandscharicum</i> Baker ex Gürke	leaves	antibacterial	Carović-Stanko K., Orlić S., Politeo O., Strikić F., Kolak I., Miloš M., Šatović Z. (2010): Composition and antibacterial activities of essential oils of seven <i>Ocimum</i> taxa. <i>Food Chemistry</i> , 119: 196–201. Alzoreky N.S., Nakahara K. (2003): Antibacterial activity of extracts from some edible plants commonly consumed in Asia. <i>International Journal of Food Microbiology</i> , 80: 223–230.
			antibacterial and antifungal	Rao B.R.R., Kothari S.K., Rajput D.K., Patel R.P., Darokar M.P. (2011): Chemical and biological diversity in fourteen selections of four <i>Ocimum</i> species. <i>Natural Product Communications</i> , 6: 1705–1710.
91	<i>Origanum compactum</i> Benth.	leaves	antibacterial	Sfeir J., Lefrancois C., Baudoux D., Derbre S., Licznar P. (2013): <i>In vitro</i> antibacterial activity of essential oils against <i>Streptococcus pyogenes</i> . <i>Evidence-Based Complementary and Alternative Medicine</i> , Article ID 269161. doi: 10.1155/2013/269161
			antimalarial, antioxidant, and cytotoxic	El Babili F., Bouajila J., Souchard J.P., Bertrand C., Bellvert F., Fouraste I., Moulis C., Valentin A. (2011): Oregano chemical analysis and evaluation of its antimalarial antioxidant and cytotoxic activities. <i>Journal of Food Science</i> , 76: 512–518.
92	<i>Origanum dictamnus</i> L.	leaves	antioxidant	Lagouri V., Alexandri G. (2013): Antioxidant properties of greek <i>O. dictamnus</i> and <i>R. officinalis</i> methanol and aqueous extracts – HPLC determination of phenolic acids. <i>International Journal of Food Properties</i> , 16: 549–562.
			antibacterial	Alexopoulos A., Kimbaris A.C., Plessas S., Mantzourani I., Theodoridou I., Stavropoulou E., Polissiou M.G., Bezirtzoglou E. (2011): Antibacterial activities of essential oils from eight Greek aromatic plants against clinical isolates of <i>Staphylococcus aureus</i> . <i>Anaerobe</i> , 17: 399–402.
			cytotoxic	Chinou I., Liolios C., Moreau D., Roussakis C. (2007): Cytotoxic activity of <i>Origanum dictamnus</i> . <i>Fitoterapia</i> , 78: 342–344.

No.	Species	Edible part	Medicinal properties due to biological activity	References
93	<i>Origanum glandulosum</i> Desf.	leaves	antimicrobial and antioxidant	Sari M., Biondi D.M., Kaabeche M., Mandalari G., D'Arrigo M., Bisignano G., Saija A., Daquino C., Ruberto G. (2006): Chemical composition, antimicrobial and antioxidant activities of the essential oil of several populations of Algerian <i>Origanum glandulosum</i> Desf. Flavour and Fragrance Journal, 21: 890–898.
94	<i>Origanum onites</i> L.	leaves	anti-spasmodic, antibacterial, and antifungal	Chishti S., Kaloo Z.A., Sultan P. (2013): Medicinal importance of genus <i>Origanum</i> : a review. Journal of Pharmacognosy. Phytotherapy Research, 5: 170–177.
95	<i>Origanum syriacum</i> L.	leaves	antiseptic	Awaad A.S., El-Meligy R.M., Qenawy S.A., Atta A.H., Soliman G.A. (2011): Anti-inflammatory antinociceptive and antipyretic effects of some desert plants. Journal of Saudi Chemical Society, 15: 367–373.
			antioxidant, anti-inflammatory, and antinociceptive	Nedorostova L., Kloucek P., Urbanova K., Kokoska L., Smid J., Urban J., Valterova I., Stolcova M. (2011): Antibacterial effect of essential oil vapours against different strains of <i>Staphylococcus aureus</i> , including MRSA. Flavour and Fragrance Journal, 26: 403–407.
96	<i>Perovskia atriplicifolia</i> Benth.	flowers	antimicrobial, mutagenic, and antimutagenic	Erdemgil F.Z., Ilhan S., Korkmaz F., Kaplan C., Mercanoguz A., Arfan M., Ahmad S. (2007): Chemical composition and biological activity of the essential oil of <i>Perovskia atriplicifolia</i> from Pakistan. Pharmaceutical Biology, 45: 324–331.
97	<i>Phlomis bourgaei</i> Boiss.	leaves	antibacterial, antifungal, and antiviral	Ozcelik B., Orhan I., Kartal M., Konuklugil B. (2010): <i>In vitro</i> testing of antiviral, antibacterial, antifungal effects and cytotoxicity of selected turkish <i>Phlomis</i> species. Acta Alimentaria, 39: 119–125.
			antioxidant	Sarikurkcü C., Ozer M.S., Cakir A., Eskici M., Mete E. (2013): GC/MS evaluation and <i>in vitro</i> antioxidant activity of essential oil and solvent extracts of an endemic plant used as folk remedy in turkey <i>Phlomis bourgaei</i> Boiss. Evidence-Based Complementary and Alternative Medicine, Article ID 293080. doi: 10.1155/2013/293080
98	<i>Phlomis fruticosa</i> L.	leaves	antibacterial	Sarac N., Ugur A. (2007): Antimicrobial activities and usage in folkloric medicine of some Lamiaceae species growing in Mugla, Turkey. EurAsian Journal of BioSciences, 4: 28–37.
			analgesic, antifungal	Limem-Ben Amor I., Boubaker J., Ben Sgaier M., Skandrani I., Bhourri W., Neffati A., Kilani S., Bouhlef I., Ghedira K., Chekir-Ghedira L. (2009): Phytochemistry and biological activities of <i>Phlomis</i> species. Journal of Ethnopharmacology, 125: 183–202.
99	<i>Phlomis tuberosa</i> L.	roots and leaves	antimicrobial	Olenikov D.N., Dudareva L.V., Tankhaeva L.M. (2010): Chemical composition of essential oils from <i>Galeopsis bifida</i> and <i>Phlomoidea tuberosa</i> . Chemistry of Natural Compounds, 46: 316–318.
100	<i>Phlomis purpurea</i> L.	flowers	anti-inflammatory	Algieri F., Zorrilla P., Rodriguez-Nogales A., Garrido-Mesa N., Banuelos O., Gonzalez-Tejero M.R., Casares-Porcel M., Molero-Mesa J., Zarzuelo A., Utrilla M.P. (2013): Intestinal anti-inflammatory activity of hydroalcoholic extracts of <i>Phlomis purpurea</i> L. and <i>Phlomis lychnitis</i> L. in the trinitrobenzenesulphonic acid model of rat colitis. Journal of Ethnopharmacology, 146: 750–759.

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101	<i>Plectranthus ternifolius</i> Don.	shoots and leaves	anti-dysentery	Pegu R., Gogoi J., Tamuli A.K., Teron R. (2013): Ethnobotanical study of wild edible plants in Poba reserved forest Assam India multiple functions and implications for conservation. <i>Research Journal of Agriculture and Forestry Sciences</i> , 1: 1–10.
102	<i>Pogostemon benghalensis</i> Kuntze.	leaves	antimicrobial	Sharma S.M., Bhadange D.G. (2013): Antimicrobial potential of Lamiaceae members. <i>International Journal of Pharmaceutical Sciences and Research</i> , 3: 324–327.
103	<i>Salvia argentea</i> L.	basal leaves	antibacterial	Sarac N., Ugur A. (2007): Antimicrobial activities and usage in folkloric medicine of some Lamiaceae species growing in Mugla, Turkey. <i>EurAsian Journal of BioSciences</i> , 4: 28–37.
104	<i>Salvia castanea</i> Diels	stem and leaves	anticholinesterase and antioxidant	Orhan I.E., Senol F.S., Ercetin T., Kahraman A., Celep F., Akaydin G., Sener B., Dogan M. (2013): Assessment of anticholinesterase and antioxidant properties of selected sage (<i>Salvia</i>) species with their total phenol and flavonoid contents. <i>Industrial Crops and Products</i> , 41: 21–30.
105	<i>Salvia clevelandii</i> (A. Gray.) Greene.	leaves	antioxidant	Xiang C., Li F., Zhang L.D., Li B.C., He J., Qin Y., Wan J.B., Wang Y.T., Li P. (2014): Determination of radical scavengers from <i>Salvia</i> plants by HPLC. <i>Analytical Letters</i> , 47: 1–13.
106	<i>Salvia columbariae</i> Benth.	seed and nutlets	cytotoxic	Guerrero I.C., Andres L.S., Leon L.G., Machin R.P., Padron J.M., Luis J.G., Delgadillo J. (2006): Abietane diterpenoids from <i>Salvia pachyphylla</i> and <i>S. clevelandii</i> with cytotoxic activity against human cancer cell lines. <i>Journal of Natural Products</i> , 69: 1803–1805.
107	<i>Salvia elegans</i> Vahl.	leaves	cytotoxic	Esquivel B., Sanchez A.A., Vergara F., Matus W., Hernandez-Ortega S., Ramirez-Apan M.T. (2005): Abietane diterpenoids from the roots of some Mexican <i>Salvia</i> species (Labiatae) chemical diversity, phylogeographical significance and cytotoxic activity. <i>Chemistry & Biodiversity</i> , 2: 738–747.
108	<i>Salvia glutinosa</i> L.	leaves	antihypertensive	Jimenez-Ferrer E., Badillo F.H., Gonzalez-Cortazar M., Tortoriello J., Herrera-Ruiz M. (2010): Antihypertensive activity of <i>Salvia elegans</i> Vahl. (Lamiaceae): ACE inhibition and angiotensin II antagonism. <i>Journal of Ethnopharmacology</i> , 130: 340–346.
			antidepressant	Herrera-Ruiz M., Garcia-Beltran Y., Mora S., Diaz-Veliz G., Viana G.S.B., Tortoriello J., Ramirez G. (2006): Antidepressant and anxiolytic effects of hydroalcoholic extract from <i>Salvia elegans</i> . <i>Journal of Ethnopharmacology</i> , 107: 53–58.
			anticholinesterase and antioxidant	Orhan I.E., Senol F.S., Ercetin T., Kahraman A., Celep F., Akaydin G., Sener B., Dogan M. (2013): Assessment of anticholinesterase and antioxidant properties of selected sage (<i>Salvia</i>) species with their total phenol and flavonoid contents. <i>Industrial Crops and Products</i> , 41: 21–30.
			antimicrobial	Velickovic D.T., Randjelovic N.V., Ristic M.S., Smelcerovic A.A., Velickovic A.S. (2002): Chemical composition and antimicrobial action of the ethanol extracts of <i>Salvia pratensis</i> L., <i>Salvia glutinosa</i> L., and <i>Salvia aethiopsis</i> L. <i>Journal of the Serbian Chemical Society</i> , 67: 639–646.

No.	Species	Edible part	Medicinal properties due to biological activity	References
109	<i>Salvia lavandulifolia</i> Vahl.	flowered aerial part	antimicrobial	Rota C., Carraminana J.J., Burillo J., Herrera A. (2004): In vitro antimicrobial activity of essential oils from aromatic plants against selected foodborne pathogens. <i>Journal of Food Protection</i> , 67: 1252–1256.
			antioxidant and cytoprotective	Porres-Martinez M., Gonzalez-Burgos E., Accame M.E.C., Gomez-Serranillos M.P. (2013): Phytochemical composition, antioxidant and cytoprotective activities of essential oil of <i>Salvia lavandulifolia</i> Vahl. <i>Food Research International</i> , 54: 523–531.
110	<i>Salvia limbata</i> C.A. Meyer	leaves and seed	antioxidant and antiviral	Ogutcu H., Sokmen A., Sokmen M., Polissiou M., Serkedjieva J., Daferera D., Sahin F., Baris O., Gulluce M. (2008): Bioactivities of the various extracts and essential oils of <i>Salvia limbata</i> C.A.Mey. and <i>Salvia sclarea</i> L. <i>Turkish Journal of Biology</i> , 32: 181–192.
111	<i>Salvia macrosiphon</i> Boiss.	seed	cytotoxic	Amirghofran Z., Zand F., Javidnia K., Miri R. (2010): The cytotoxic activity of various herbals against different tumor cells an in vitro study. <i>Iranian Red Crescent Medical Journal</i> , 12: 260–265.
112	<i>Salvia multicaulis</i> Vahl.	leaves	antioxidant	Firuzi O., Javidnia K., Gholami M., Soltani M., Miri R. (2010): Antioxidant activity and total phenolic content of 24 Lamiaceae species growing in Iran. <i>Natural Product Communications</i> , 5: 261–264.
			anticholinesterase and antioxidant	Orhan I.E., Senol F.S., Ercetin T., Kahraman A., Celep F., Akaydin G., Sener B., Dogan M. (2013): Assessment of anticholinesterase and antioxidant properties of selected sage (<i>Salvia</i>) species with their total phenol and flavonoid contents. <i>Industrial Crops and Products</i> , 41: 21–30.
113	<i>Salvia pomifera</i> L.	leaves	antibacterial and antifungal	Mojtaba T., Reza G.H., Borzo S., Shiva N., Esmaeil S. (2011): In vitro antibacterial and antifungal activity of <i>Salvia multicaulis</i> . <i>Journal of Essential Oil Bearing Plants</i> , 14: 255–259.
			antioxidant	Erdogan S.S., Karik U., Baser K.H.C. (2011): The determination of total phenolics and flavonoid contents and antioxidant activity of some sage populations of <i>Salvia fruticosa</i> Mill, <i>Salvia pomifera</i> Mill and <i>Salvia tomentosa</i> Mill in the Marmara region of Turkey. <i>Planta Medica</i> , 77: 1319–1319.
114	<i>Salvia pratensis</i> L.	aerial part	antioxidant	Velickovic D.T., Randjelovic N.V., Ristic M.S., Smelcerovic A.A., Velickovic A.S. (2002): Chemical composition and antimicrobial action of the ethanol extracts of <i>Salvia pratensis</i> L., <i>Salvia glutinosa</i> L. and <i>Salvia aethiopsis</i> L. <i>Journal of the Serbian Chemical Society</i> , 67: 639–646.
			antimicrobial	Kucekova Z., Mlcek J., Humpolicek P., Rop O. (2013): Edible flowers - antioxidant activity and impact on cell viability. <i>Central European Journal of Biology</i> , 8: 1023–1031.
115	<i>Salvia reflexa</i> Hornem.	seed	antioxidant	Malencic D., Gasic O., Popovic M., Boza P. (2000): Screening for antioxidant properties of <i>Salvia reflexa</i> Hornem. <i>Phytotherapy Research</i> , 14: 546–548.
116	<i>Salvia tiliifolia</i> Vahl.	seed	antioxidant and acetylcholinesterase	Adewusi E.A., Moodley N., Steenkamp V. (2011): Antioxidant and acetylcholinesterase inhibitory activity of selected southern African medicinal plants. <i>South African Journal of Botany</i> , 77: 638–644.

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117	<i>Salvia verbenaca</i> L.	leaves and flowers	antibacterial	Sarac N., Ugur A. (2007): Antimicrobial activities and usage in folkloric medicine of some Lamiaceae species growing in Mugla, Turkey. <i>EurAsian Journal of BioSciences</i> , 4: 28–37.
118	<i>Salvia viridis</i> L.	leaves and seed	antioxidant	Erdemoglu N., Turan N.N., Caköc I., Sener B., Aydön A. (2006): Antioxidant activities of some Lamiaceae plant extracts. <i>Phytotherapy Research</i> , 20: 9–13.
			antibacterial and antifungal	Digrak M., Alma M.H., Ilcim A. (2011): Antibacterial and antifungal activities of Turkish medicinal plants. <i>Pharmaceutical Biology</i> , 39: 346–350.
119	<i>Satureja intricata</i> Lange	flowered aerial part	antioxidant	Jordan M.J., Sanchez-Gomez P., Jimenez J.F., Quilez M., Sotomayor J.A. (2010): Chemical composition and antiradical activity of the essential oil from <i>Satureja intricata</i> , <i>S. obovata</i> and their hybrid <i>Satureja</i> × <i>delpozoi</i> . <i>Natural Product Communications</i> , 5: 629–634.
120	<i>Satureja obovata</i> Lag.	flowered aerial part	antioxidant	
121	<i>Satureja spicigera</i> (K. Koch.) Boiss.	leaves	antimicrobial	Sariboga B., Sariboga N. (2011): Antimicrobial activity of various extracts of <i>Satureja spicigera</i> . <i>Asian Journal of Chemistry</i> , 23: 1867–1868.
			antioxidant	Eminagaoglu O., Tepe B., Yumrutas O., Akpulat H.A., Daferera D., Polissiou M., Sokmen A. (2007): The <i>in vitro</i> antioxidative properties of the essential oils and methanol extracts of <i>Satureja spicigera</i> (K. Koch.) Boiss. and <i>Satureja cuneifolia</i> Ten. <i>Food Chemistry</i> , 100: 339–343.
122	<i>Satureja subspicata</i> Bartl. ex Vis,	aerial part	antioxidant and antimicrobial	Cavar S., Maksimovic M., Solic M.E., Jerkovic-Mujkic A., Besta R. (2008): Chemical composition and antioxidant and antimicrobial activity of two <i>Satureja</i> essential oils. <i>Food Chemistry</i> , 111: 648–653.
			anticholinesterase and antioxidant	Ozturk M. (2012): Anticholinesterase and antioxidant activities of Savoury (<i>Satureja thymbra</i> L.) with identified major terpenes of the essential oil. <i>Food Chemistry</i> , 134: 48–54.
123	<i>Satureja thymbra</i> L.	leaves	antimicrobial and antioxidant	Giweli A., Dzamic A.M., Sokovic M., Ristic M.S., Marin P.D. (2012): Antimicrobial and antioxidant activities of essential oils of <i>Satureja thymbra</i> growing wild in Libya. <i>Molecules</i> , 17: 4836–4850.
			antimicrobial	Markovic T., Chatzopoulou P., Siljegovic J., Nikolic M., Glamoclija J., Ciric A., Sokovic M. (2011): Chemical analysis and antimicrobial activities of the essential oils of <i>Satureja thymbra</i> L. and <i>Thymbra spicata</i> L. and their main components. <i>Archives of Biological Sciences</i> , 63: 457–464.
124	<i>Scutellaria violacea</i> Heyne ex. Benth.	leaves	cytotoxic and antioxidant	Salini S., Chubicka T., Sasidharan N., Sindhu E.R., Babu T.D. (2013): Cytotoxic and antioxidant properties of selected <i>Scutellaria</i> species from the Western Ghats of Peninsular India. <i>Pharmaceutical Biology</i> , 51: 152–159.
125	<i>Sideritis hyssopifolia</i> L.	flowered aerial part	antioxidant	Huerta V., Sahagun A., Diez R., Diez M.J., Villaescusa L., Martin M.T., Zaragoza F., Sierra M. (2011): Determination of the antioxidant activity of <i>Sideritis Hyssopifolia</i> . <i>Basic & Clinical Pharmacology</i> , 109: 49–49.

No.	Species	Edible part	Medicinal properties due to biological activity	References
126	<i>Sideritis leptoclada</i> O. Schwarz & P.H.	leaves	antimicrobial	Erdogan S.S., Karik U., Baser K.H.C. (2011): The determination of total phenolics and flavonoid contents and antioxidant activity of some sage populations of <i>Salvia fruticosa</i> Mill, <i>Salvia pomifera</i> Mill. and <i>Salvia tomentosa</i> Mill. in the Marmara region of Turkey. <i>Planta Medica</i> , 77: 1319–1319.
			antioxidant	Ayar-Kayali H., Urek R.O., Nakiboglu M., Tarhan L. (2009): Antioxidant activities of endemic <i>Sideritis leptoclada</i> and <i>Mentha dumetorum</i> aqueous extracts used in Turkey folk medicine. <i>Journal of Food Processing and Preservation</i> 33: 285–295.
127	<i>Sideritis tragoriganum</i> Lag.	flowered aerial parts	anti-inflammatory	Bas E., Recio M.C., Giner R.M., Manez S., Cerda-Nicolas M., Rios J.L. (2006): Anti-inflammatory activity of 5-O-demethylnobiletin a polymethoxyflavone isolated from <i>Sideritis tragoriganum</i> . <i>Planta Medica</i> , 72: 136–142.
128	<i>Stachys affinis</i> Bunge	leaves and tubers	antimicrobial, antioxidant, and antifungal	Conforti F., Menichini F., Formisano C., Rigano D., Senatore F., Arnold N.A., Piozzi F. (2009): Comparative chemical composition free radical-scavenging and cytotoxic properties of essential oils of six <i>Stachys</i> species from different regions of the Mediterranean Area. <i>Food Chemistry</i> , 116: 898–905.
129	<i>Stachys albiflora</i> N.E.Br.	leaves and flowering tops	antibacterial	Sarac N., Ugur A. (2007): Antimicrobial activities and usage in folkloric medicine of some Lamiaceae species growing in Mugla, Turkey. <i>EurAsian Journal of BioSciences</i> , 4: 28–37.
			antimicrobial, antioxidant, and antifungal	Conforti F., Menichini F., Formisano C., Rigano D., Senatore F., Arnold N.A., Piozzi F. (2009): Comparative chemical composition free radical-scavenging and cytotoxic properties of essential oils of six <i>Stachys</i> species from different regions of the Mediterranean Area. <i>Food Chemistry</i> , 116: 898–905.
130	<i>Stachys alpine</i> L.	leaves and flowering tops	antimicrobial, antioxidant, and antifungal	Háznagy-Radnai E., Balogh Á., Czige S., Máthé I., Hohmann J., Blazsó G. (2012): Antiinflammatory activities of Hungarian <i>Stachys</i> species and their iridoids. <i>Phytotherapy Research</i> , 26: 505–509.
			antiinflammatory effect of <i>Stachys</i> species	Conforti F., Menichini F., Formisano C., Rigano D., Senatore F., Arnold N.A., Piozzi F. (2009): Comparative chemical composition free radical-scavenging and cytotoxic properties of essential oils of six <i>Stachys</i> species from different regions of the Mediterranean Area. <i>Food Chemistry</i> , 116: 898–905.
131	<i>Stachys annua</i> L.	leaves and flowering tops	antiinflammatory	Háznagy-Radnai E., Balogh Á., Czige S., Máthé I., Hohmann J., Blazsó G. (2012): Antiinflammatory activities of Hungarian <i>Stachys</i> species and their iridoids. <i>Phytotherapy Research</i> , 26: 505–509.
			antibacterial and antitumor	Yildirim A.B., Karakas F.P., Turker A.U. (2013): In vitro antibacterial and antitumor activities of some medicinal plant extracts growing in Turkey. <i>Asian Pacific Journal of Tropical Medicine</i> , 6: 616–624.
132	<i>Stachys beckeana</i> Dörfler & Hayek	leaves and flowering tops	antimicrobial, antioxidant, and antifungal	Conforti F., Menichini F., Formisano C., Rigano D., Senatore F., Arnold N.A., Piozzi F. (2009): Comparative chemical composition free radical-scavenging and cytotoxic properties of essential oils of six <i>Stachys</i> species from different regions of the Mediterranean Area. <i>Food Chemistry</i> , 116: 898–905.

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133	<i>Stachys chrisantha</i> Boiss. & Heldr.	leaves and flowering tops	antimicrobial, antioxidant, and antifungal	Conforti F., Menichini F., Formisano C., Rigano D., Senatore F., Arnold N.A., Piozzi F. (2009): Comparative chemical composition free radical-scavenging and cytotoxic properties of essential oils of six <i>Stachys</i> species from different regions of the Mediterranean Area. <i>Food Chemistry</i> , 116: 898–905.
134	<i>Stachys cretica</i> L.	leaves and flowering tops	antibacterial antimicrobial, antioxidant, antifungal, antiradical, and cytotoxic	Sarac N., Ugur A. (2007): Antimicrobial activities and usage in folkloric medicine of some Lamiaceae species growing in Mugla, Turkey. <i>EurAsian Journal of BioSciences</i> , 4: 28–37. Conforti F., Menichini F., Formisano C., Rigano D., Senatore F., Arnold N.A., Piozzi F. (2009): Comparative chemical composition free radical-scavenging and cytotoxic properties of essential oils of six <i>Stachys</i> species from different regions of the Mediterranean Area. <i>Food Chemistry</i> , 116: 898–905.
135	<i>Stachys germanica</i> L.	leaves and flowering tops	antimicrobial, antioxidant, antifungal, antiproliferative, cytotoxic antiinflammatory	Háznagy-Radnai E., Balogh Á., Czigle S., Máthé I., Hohmann J., Blazsó G. (2012): Antiinflammatory activities of Hungarian <i>Stachys</i> species and their iridoids. <i>Phytotherapy Research</i> , 26: 505–509.
136	<i>Stachys hydrophila</i> Boiss.	leaves and flowering tops	antimicrobial, antioxidant, antifungal, antiradical, and cytotoxic	Conforti F., Menichini F., Formisano C., Rigano D., Senatore F., Arnold N.A., Piozzi F. (2009): Comparative chemical composition free radical-scavenging and cytotoxic properties of essential oils of six <i>Stachys</i> species from different regions of the Mediterranean Area. <i>Food Chemistry</i> , 116: 898–905.
137	<i>Stachys lavandifolia</i> Vahl.	leaves and flowering tops	anxiolytic antimicrobial, antioxidant, and antifungal	Joudi L., Bibalani G.H., Shadkani H. (2011): Exploration of medicinal species of Lamiaceae family in Ilkhji and Sharafaldin regions of East Azarbaijan in Iran. <i>Current Research Journal of Biological Sciences</i> , 3: 385–387. Conforti F., Menichini F., Formisano C., Rigano D., Senatore F., Arnold N.A., Piozzi F. (2009): Comparative chemical composition free radical-scavenging and cytotoxic properties of essential oils of six <i>Stachys</i> species from different regions of the Mediterranean Area. <i>Food Chemistry</i> , 116: 898–905.
138	<i>Stachys leptoclada</i> Briq.	leaves and flowering tops	antibacterial antimicrobial, antioxidant, and antifungal	Sarac N., Ugur A. (2007): Antimicrobial activities and usage in folkloric medicine of some Lamiaceae species growing in Mugla, Turkey. <i>EurAsian Journal of BioSciences</i> , 4: 28–37. Conforti F., Menichini F., Formisano C., Rigano D., Senatore F., Arnold N.A., Piozzi F. (2009): Comparative chemical composition free radical-scavenging and cytotoxic properties of essential oils of six <i>Stachys</i> species from different regions of the Mediterranean Area. <i>Food Chemistry</i> , 116: 898–905.
139	<i>Stachys nivea</i> Labill.	leaves and flowering tops	antimicrobial, antioxidant, antifungal, and cytotoxic	Conforti F., Menichini F., Formisano C., Rigano D., Senatore F., Arnold N.A., Piozzi F. (2009): Comparative chemical composition free radical-scavenging and cytotoxic properties of essential oils of six <i>Stachys</i> species from different regions of the Mediterranean Area. <i>Food Chemistry</i> , 116: 898–905.

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140	<i>Stachys palustris</i> L.	leaves, tubers, and seed	antimicrobial, antioxidant, antifungal, antiradical, and cytotoxic	Conforti F., Menichini F., Formisano C., Rigano D., Senatore F., Arnold N.A., Piozzi F. (2009): Comparative chemical composition free radical-scavenging and cytotoxic properties of essential oils of six <i>Stachys</i> species from different regions of the Mediterranean Area. Food Chemistry, 116: 898–905.
			anti-inflammatory	Háznagy-Radnai E., Balogh Á., Czige S., Máthé I., Hohmann J., Blazsó G. (2012): Antiinflammatory activities of Hungarian <i>Stachys</i> species and their iridoids. Phytotherapy Research, 26: 505–509.
141	<i>Stachys persica</i> Gmel.	leaves and flowering tops	anti-inflammatory	Joudi L., Bibalani G.H., Shadkani H. (2011): Exploration of medicinal species of Lamiaceae family in Ilkhji and Sharafaldin Regions of East Azarbaijan in Iran. Current Research Journal of Biological Sciences, 3: 385–387.
			antimicrobial, antioxidant, and antifungal	Conforti F., Menichini F., Formisano C., Rigano D., Senatore F., Arnold N.A., Piozzi F. (2009): Comparative chemical composition free radical-scavenging and cytotoxic properties of essential oils of six <i>Stachys</i> species from different regions of the Mediterranean area. Food Chemistry, 116: 898–905.
142	<i>Stachys plumosa</i> L.	leaves and flowering tops	antimicrobial, antioxidant, and antifungal	Conforti F., Menichini F., Formisano C., Rigano D., Senatore F., Arnold N.A., Piozzi F. (2009): Comparative chemical composition free radical-scavenging and cytotoxic properties of essential oils of six <i>Stachys</i> species from different regions of the Mediterranean area. Food Chemistry, 116: 898–905.
143	<i>Stachys pseudopinardii</i> R. Bhattacharjee & Hub.-Mor.	leaves and flowering tops	antimicrobial	Dulger G., Aki C. (2009): Antimicrobial activity of the leaves of endemic <i>Stachys pseudopinardii</i> in Turkey. Tropical Journal of Pharmaceutical Research, 8: 371–375.
144	<i>Stachys recta</i> L.	leaves and flowering tops	antimicrobial, antioxidant, and antifungal	Conforti F., Menichini F., Formisano C., Rigano D., Senatore F., Arnold N.A., Piozzi F. (2009): Comparative chemical composition free radical-scavenging and cytotoxic properties of essential oils of six <i>Stachys</i> species from different regions of the Mediterranean area. Food Chemistry, 116: 898–905.
			antiinflammatory	Háznagy-Radnai E., Balogh Á., Czige S., Máthé I., Hohmann J., Blazsó G. (2012): Antiinflammatory activities of Hungarian <i>Stachys</i> species and their iridoids. Phytotherapy Research, 26: 505–509.
145	<i>Stachys scardica</i> Griseb.	leaves and flowering tops	antimicrobial, antioxidant, and antifungal	Conforti F., Menichini F., Formisano C., Rigano D., Senatore F., Arnold N.A., Piozzi F. (2009): Comparative chemical composition free radical-scavenging and cytotoxic properties of essential oils of six <i>Stachys</i> species from different regions of the Mediterranean Area. Food Chemistry, 116: 898–905.
146	<i>Stachys spinosa</i> L.	leaves and flowering tops	antimicrobial, antioxidant, antifungal, and cytotoxic	Conforti F., Menichini F., Formisano C., Rigano D., Senatore F., Arnold N.A., Piozzi F. (2009): Comparative chemical composition free radical-scavenging and cytotoxic properties of essential oils of six <i>Stachys</i> species from different regions of the Mediterranean Area. Food Chemistry, 116: 898–905.
			antimicrobial, antioxidant, and antifungal	
147	<i>Stachys subaphylla</i> Rech. F.	leaves and flowering tops	citotoxic	Khanavi M., Manayi A., Lotfi M., Abbasi R., Majdzadeh M., Ostad S.N. (2012): Investigation of citotoxic activity in four <i>Stachys</i> species from Iran. Iranian Journal of Pharmaceutical Research, 11: 589–593.
148	<i>Stachys sylvatica</i> L.	leaves and flowering tops	antimicrobial, antioxidant, and antifungal	Conforti F., Menichini F., Formisano C., Rigano D., Senatore F., Arnold N.A., Piozzi F. (2009): Comparative chemical composition free radical-scavenging and cytotoxic properties of essential oils of six <i>Stachys</i> species from different regions of the Mediterranean Area. Food Chemistry, 116: 898–905.

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149	<i>Stachys trinervis</i> Aitch. and Hemsl.	leaves and flowering tops	antimicrobial, antioxidant, and antifungal	Conforti F., Menichini F., Formisano C., Rigano D., Senatore F., Arnold N.A., Piozzi F. (2009): Comparative chemical composition free radical-scavenging and cytotoxic properties of essential oils of six <i>Stachys</i> species from different regions of the Mediterranean Area. <i>Food Chemistry</i> , 116: 898–905.
			citotoxic	Khanavi M., Manayi A., Lotfi M., Abbasi R., Majdzadeh M., Ostad S.N. (2012): Investigation of citotoxic activity in four <i>Stachys</i> species from Iran. <i>Iranian Journal of Pharmaceutical Research</i> , 11: 589–593.
			antioxidant	Joudi L., Bibalani G.H., Shadkani H. (2011): Exploration of medicinal species of Lamiaceae family in Ilkhji and Sharafaldin regions of East Azarbaijan in Iran. <i>Current Research Journal of Biological Sciences</i> , 3: 385–387.
150	<i>Stachys turcomanica</i> Trautv.	leaves and flowering tops	antimicrobial, antioxidant, and antifungal	Conforti F., Menichini F., Formisano C., Rigano D., Senatore F., Arnold N.A., Piozzi F. (2009): Comparative chemical composition free radical-scavenging and cytotoxic properties of essential oils of six <i>Stachys</i> species from different regions of the Mediterranean Area. <i>Food Chemistry</i> , 116: 898–905.
			antiinflammatory	Háznagy-Radnai E., Balogh Á., Czige S., Máthé I., Hohmann J., Blazsó G. (2012): Antiinflammatory activities of Hungarian <i>Stachys</i> species and their iridoids. <i>Phytotherapy Research</i> , 26: 505–509.
			citotoxic	Khanavi M., Manayi A., Lotfi M., Abbasi R., Majdzadeh M., Ostad S.N. (2012): Investigation of citotoxic activity in four <i>Stachys</i> species from Iran. <i>Iranian Journal of Pharmaceutical Research</i> , 11: 589–593.
151	<i>Stachys viridata</i> L.	leaves and flowering tops	antioxidant	Joudi L., Bibalani G.H., Shadkani H. (2011): Exploration of medicinal species of Lamiaceae family in Ilkhji and Sharafaldin regions of East Azarbaijan in Iran. <i>Current Research Journal of Biological Sciences</i> , 3: 385–387.
			antimicrobial, antioxidant, and antifungal	Conforti F., Menichini F., Formisano C., Rigano D., Senatore F., Arnold N.A., Piozzi F. (2009): Comparative chemical composition free radical-scavenging and cytotoxic properties of essential oils of six <i>Stachys</i> species from different regions of the Mediterranean Area. <i>Food Chemistry</i> , 116: 898–905.
			antiinflammatory effect of <i>Stachys</i> species	Háznagy-Radnai E., Balogh Á., Czige S., Máthé I., Hohmann J., Blazsó G. (2012): Antiinflammatory activities of Hungarian <i>Stachys</i> species and their iridoids. <i>Phytotherapy Research</i> , 26: 505–509.
152	<i>Teucrium divaricatum</i> Heldr.	flowered aerial part	antibacterial	Sarac N., Ugur A. (2007): Antimicrobial activities and usage in folkloric medicine of some Lamiaceae species growing in Mugla, Turkey. <i>EurAsian Journal of BioSciences</i> , 4: 28–37.

No.	Species	Edible part	Medicinal properties due to biological activity	References
153	<i>Teucrium marum</i> L.	flowered aerial part	antibacterial	Djabou N., Lorenzi V., Guinoiseau E., Andreani S., Giuliani M.C., Desjoberg J.M., Bolla J.M., Costa J., Berti L., Luciani A. (2013): Phytochemical composition of <i>Corsican teucrium</i> essential oils and antibacterial activity against foodborne or toxic-infectious pathogens. <i>Food Control</i> , 30: 354–363.
			antimicrobial and antioxidant	Ricci D., Fraternali D., Giamperi L., Bucchini A., Epifano F., Burini G., Curini M. (2005): Chemical composition, antimicrobial and antioxidant activity of the essential oil of <i>Teucrium marum</i> (Lamiaceae). <i>Journal of Ethnopharmacology</i> , 98: 195–200.
154	<i>Thymbra capitata</i> (L.) Cav.	flowered aerial part	antioxidant	Blanco Salas J., Ruiz Tellez T., Perez Alonso M.J., Vazquez Pardo F.M., Cases Capdevila M.A., Gervasini Rodriguez C. (2010): Chemical composition and antioxidant activity of the essential oil of <i>Thymbra capitata</i> (L.) Cav. in Spain. <i>Acta Bot Gallica</i> , 157: 55–63.
			anti-candida	Palmeira-de-Oliveira A., Gaspar C., Palmeira-de-Oliveira R., Silva-Dias A., Salgueiro L., Cavaleiro C., Pina-Vaz C., Martinez-de-Oliveira J., Queiroz J.A., Rodrigues A.G. (2012): The anti- <i>Candida</i> activity of <i>Thymbra capitata</i> essential oil: Effect upon pre-formed biofilm. <i>Journal of Ethnopharmacology</i> , 140: 379–383.
155	<i>Thymus baeticus</i> Boiss. ex Laciata	flowered aerial part	antimicrobial	Cruz T., Cabo M.M., Castillo M.J., Jimenez J., Ruiz Ramos-Cormenzana A. (1993): Chemical-composition and antimicrobial activity of the essential oils of different samples of <i>Thymus baeticus</i> Boiss. <i>Phytotherapy Research</i> , 7: 92–94.
			spasmolytic	Cruz T., Jimenez J., Zarzuelo A., Cabo M.M. (1989): The spasmolytic activity of the essential oil of <i>Thymus baeticus</i> Boiss. in rats. <i>Phytotherapy Research</i> , 3: 106–108.
156	<i>Thymus capitatus</i> (L.) Hoffmanns et Link syn. <i>Coridothymus capitatus</i> L.	leaves	antibacterial	Ballester-Costa C., Sendra E., Fernandez-Lopez J., Perez-Alvarez J.A., Viuda-Martos M. (2013): Chemical composition and in vitro antibacterial properties of essential oils of four <i>Thymus</i> species from organic growth. <i>Industrial Crops and Products</i> , 50: 304–311.
			antioxidant and antihypertensive	Yvon Y., Raelison E.G., Razafindrazaka R., Randriantsoa A., Romdhane M., Chabir N., Mkaddem M.G., Bouajila J. (2012): Relation between chemical composition or antioxidant activity and antihypertensive activity for six essential oils. <i>Journal of Food Science</i> , 77: H184–H191.
157	<i>Thymus kotschyanus</i> Boiss.	flowered aerial part	cardiotonic, hypotensive, antibacterial	Joudi L., Bibalani G.H., Shadkani H. (2011): Exploration of medicinal species of Lamiaceae family in Ilkhji and Sharafaldin regions of East Azarbaijan in Iran. <i>Current Research Journal of Biological Sciences</i> , 3: 385–387.
			antioxidant and antibacterial	Aliakbarlu J., Shamel F. (2013): In vitro antioxidant and antibacterial properties and total phenolic contents of essential oils from <i>Thymus vulgaris</i> , <i>T. kotschyanus</i> , <i>Ziziphora tenuior</i> and <i>Z. clinopodioides</i> . <i>Turkish Journal of Biochemistry</i> , 38: 425–431.
158	<i>Thymus hyemalis</i> Lange	flowered aerial part	antioxidant and antimicrobial	Tepe B., Sarikurkcü C., Berk S., Alim A., Akpulat H.A. (2011): Chemical composition, radical scavenging and antimicrobial activity of the essential oils of <i>Thymus boveii</i> and <i>Thymus hyemalis</i> . <i>Records of Natural Products</i> , 5: 208–220.

doi: 10.17221/504/2015-CJFS

No.	Species	Edible part	Medicinal properties due to biological activity	References
159	<i>Thymus linearis</i> Benth.	whole plant	antibacterial, antioxidant, antimalarial, and antiproliferative	Hussain A.I., Anwar F., Chatha S.A.S., Latif S., Sherazi S.T.H., Ahmad A., Worthington J., Sarker S.D. (2013): Chemical composition and bioactivity studies of the essential oils from two <i>Thymus</i> species from the Pakistani flora. <i>LWT-Food Science and Technology</i> , 50: 185–192.
160	<i>Thymus mastichina</i> (L.) L.	leaves	antibacterial	Ballester-Costa C., Sendra E., Fernandez-Lopez J., Perez-Alvarez J.A., Viuda-Martos M. (2013): Chemical composition and in vitro antibacterial properties of essential oils of four <i>Thymus</i> species from organic growth. <i>Industrial Crops and Products</i> , 50: 304–311.
			fungicide	Leal F., Coelho A.C., Soriano T., Alves C., Matos M. (2013): Fungicide, activity of <i>Thymus mastichina</i> and <i>Mentha rotundifolia</i> in plants in vitro. <i>Journal of Medicinal Food</i> , 16: 273–273.
161	<i>Thymus moroderi</i> Pau ex Martínez	aerial part	antibacterial and antioxidant	Ruiz-Navajas Y., Viuda-Martos M., Sendra E., Perez-Alvarez J.A., Fernandez-Lopez J. (2013a): In vitro antibacterial and antioxidant properties of chitosan edible films incorporated with <i>Thymus moroderi</i> or <i>Thymus piperella</i> essential oils. <i>Food Control</i> , 30: 386–392.
			antioxidant and antifungal	Ruiz-Navajas Y., Viuda-Martos M., Sendra E., Perez-Alvarez J.A., Fernandez-Lopez J. (2013b): In vitro antioxidant and antifungal properties of essential oils obtained from aromatic herbs endemic to the Southeast of Spain. <i>Journal of Food Protection</i> , 76: 1218–1225.
162	<i>Thymus orospedanus</i> Villar	flowered aerial part	hypotensive	Jimenez J., Zarzuelo A., Crespo M.E. (1988) Hypotensive activity of <i>Thymus orospedanus</i> alcoholic extract. <i>Phytotherapy Research</i> , 2: 152–153.
			antioxidant	Fernandes A.S.F., Barros L., Carvalho A.M., Ferreira I.C.F.R. (2010): Lipophilic and hydrophilic antioxidants lipid peroxidation inhibition and radical scavenging activity of two Lamiaceae food plants. <i>European Journal of Lipid Science and Technology</i> , 112: 1115–1121.
163	<i>Thymus pulegioides</i> L.	aerial part	antibacterial	Pavel M., Ristic M., Stevic T. (2010): Essential oils of <i>Thymus pulegioides</i> and <i>Thymus glabrescens</i> from Romania chemical composition and antimicrobial activity. <i>Journal of the Serbian Chemical Society</i> , 75: 27–34.
			antifungal	Pinto E., Pina-Vaz C., Salgueiro L., Goncalves M.J., Costa-de-Oliveira S., Cavaleiro C., Palmeira A., Rodrigues A., Martinez-De-Oliveira J. (2006): Antifungal activity of the essential oil of <i>Thymus pulegioides</i> on <i>Candida</i> , <i>Aspergillus</i> and dermatophyte species. <i>Journal of Medical Microbiology</i> , 55: 1367–1373.
164	<i>Thymus piperella</i> L.	aerial part	antibacterial and antioxidant	Ruiz-Navajas Y., Viuda-Martos M., Sendra E., Perez-Alvarez J.A., Fernandez-Lopez J. (2013a): In vitro antibacterial and antioxidant properties of chitosan edible films incorporated with <i>Thymus moroderi</i> or <i>Thymus piperella</i> essential oils. <i>Food Control</i> , 30: 386–392.
			antioxidant and antifungal	Ruiz-Navajas Y., Viuda-Martos M., Sendra E., Perez-Alvarez J.A., Fernandez-Lopez J. (2013b): In vitro antioxidant and antifungal properties of essential oils obtained from aromatic herbs endemic to the Southeast of Spain. <i>Journal of Food Protection</i> , 76: 1218–1225.

No.	Species	Edible part	Medicinal properties due to biological activity	References
165	<i>Thymus praecox</i> Opiz	flowered aerial part	acetylcholinesterase inhibitory and antioxidant	Orhan I., Senol F.S., Gulpinar A.R., Kartal M., Sekeroglu N., Deveci M., Kan Y., Sener B. (2009): Acetylcholinesterase inhibitory and antioxidant properties of <i>Cyclotrichium niveum</i> , <i>Thymus praecox</i> subsp. <i>caucasicus</i> var. <i>caucasicus</i> , <i>Echinacea purpurea</i> and <i>E. pallida</i> . Food and Chemical Toxicology, 47: 1304–1310.
166	<i>Thymus pulegioides</i> L.	flowered aerial part	antimicrobial	Pavel M., Ristic M., Stevic T. (2010): Essential oils of <i>Thymus pulegioides</i> and <i>Thymus glabrescens</i> from Romania chemical composition and antimicrobial activity. Journal of the Serbian Chemical Society, 75: 27–34.
			antioxidant	Dandlen S.A., Lima A.S., Mendes M.D., Miguel M.G., Faleiro M.L., Sousa M.J., Pedro L.G., Barroso J.G., Figueiredo A.C. (2010): Antioxidant activity of six Portuguese thyme species essential oils. Flavour and Fragrance Journal, 25: 150–155.
167	<i>Thymus serpylloides</i> Bory	flowered aerial part	antibacterial	Crespo M.E., Jimenez J., Gomis E., Navarro C. (1990): Antibacterial activity of the essential oil of <i>Thymus-Serpylloides</i> subspecies <i>gadorensis</i> . Microbios, 61: 248–249.
168	<i>Thymus zygis</i> Loefl. ex L.	leaves	antimicrobial, antioxidant	Dorman H.J.D., Deans S.G. (2004): Chemical composition, antimicrobial and in vitro antioxidant properties of <i>Monarda citriodora</i> var. <i>citriodora</i> , <i>Myristica fragrans</i> , <i>Origanum vulgare</i> ssp. <i>hirtum</i> , <i>Pelargonium</i> sp. and <i>Thymus zygis</i> oils. Journal of Essential Oil Research, 16: 145–150.
			antibacterial	Aliakbarlu J., Shamel F. (2013): In vitro antioxidant and antibacterial properties and total phenolic contents of essential oils from <i>Thymus vulgaris</i> , <i>T. kotschyanus</i> , <i>Ziziphora tenuior</i> and <i>Z. clinopodioides</i> . Turkish Journal of Biochemistry, 38: 425–431.
169	<i>Ziziphora capitata</i> L.	aerial parts	antioxidant	Dandlen S.A., Lima A.S., Mendes M.D., Miguel M.G., Faleiro M.L., Sousa M.J., Pedro L.G., Barroso J.G., Figueiredo A.C. (2010): Antioxidant activity of six Portuguese thyme species essential oils. Flavour and Fragrance Journal, 25: 150–155.
			antibacterial	Aghajani Z., Assadian F., Masoudi S., Chalabian F., Esmaeili A., Tabatabaei-Anaraki M., Rustaiyan A. (2008): Chemical composition and in vitro antibacterial activities of the oil of <i>Ziziphora clinopodioides</i> and <i>Z. capitata</i> subsp. <i>capitata</i> from Iran. Chemistry of Natural Compounds, 44: 387–389.
170	<i>Ziziphora hispanica</i> L.	flowered aerial part	antibacterial	Bekhechi C., Bekkara F.A., Abdelouahid D.E., Liu K., Casanova J., Tomi F. (2007): Composition and antibacterial activity of the essential oil of <i>Ziziphora hispanica</i> (L.) from Algeria. Journal of essential oil-bearing plants, 10: 318–323.